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INTRODUCTION

TO A

DISSERTATION

ON THE

PROPERTIES AND EFFICACY

OF THE

LISBON DIET-DRINK,

AND ITS

EXTRACT,

IN THE CURE OF THE

VENEREAL DISEASE AND SCURVY;

RHEUMATIC GOUT, the SCROPHULA, CONSUMPTION, and other Diſorders proceeding from an impure State of the Blood; eſpecially thoſe of the SKIN and GLANDS.

TO WHICH ARE ADDED,

SIXTY-THREE SELECT CASES,

Confirming its Succeſs and reſtorative Power in *Conſumptive Habits*, and broken Conſtitutions.

*** *The EXTRACT may be taken unimpaired in its Virtues, in any Climate; and, as a mild* Stomachic Alterative, *has been found highly beneficial in* ſweetening the Blood, *and repairing the Conſtitution. Alſo preparatory to* SEA BATHING; *and as a gentle* Laxative, *during the* Uſe of Bath, Tunbridge, or Spa Waters *which render the Habit coſtive.*

BY JOHN LEAKE, M.D.

Of the Royal College of Phyſicians, London, and Phyſician to the Weſtminſter Lying-in Hoſpital, at his Houſe in Parliament-ſtreet.

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[1791]

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Abſtract Account

OF THE

Weſtminſter Lying-in Hoſpital,

NEAR THE BRIDGE,

INSTITUTED A.D. 1765.

AND SUPPORTED BY

VOLUNTARY SUBSCRIPTION.

PRESIDENT,

Right Honourable Earl GROSVENOR.

VICE-PRESIDENTS,

Duke of RUTLAND,	Rt. Hon. C. J. FOX.
Admiral Lord HOOD,	Maj. Gen. Sir R. BOYD.
Hon. Gen. W. HERVEY,	Hon. T. GROSVENOR.

IN the year 1765, Dr. *John Leake*, of Parliament-ſtreet, London, purchaſed a piece of ground on a Building-Leaſe, and afterwards preſented to the Public the *original Plan* for the Inſtitution of this Hoſpital*. Soon as the Building was raiſed, he voluntarily, and without any conſideration, aſſigned over to the Governors all his right of the above premiſes, in favor of the Hoſpital.

Being honored with the Patronage and Support of ſeveral *Gentlemen of the firſt Diſtinction*, and favoured by the aſſiſtance of his *Friends*, and the public, which he is deſirous moſt reſpectfully to acknowledge; he, at laſt,

* This Hoſpital is now directed to undergo a thorough Repair; after which, an additional number of patients will be admitted, in conſequence of MANY NEW SUBSCRIBERS, and a Legacy of THREE THOUSAND POUNDS bequeathed to this Charity by the late Richard Ruſſell, Eſq. of Bermondſey.

had the ſatisfaction of ſeeing this charitable deſign carried into execution, after the repeated exertion of his utmoſt endeavors to that end.

The Inſtitution of this Hoſpital is principally deſigned to relieve the Wives of *poor induſtrious tradeſmen*, who, from unavoidable misfortunes, are reduced to real want; and alſo for the relief of indigent *Soldiers and Sailors Wives*; but the Governors being repeatedly informed of the many ſevere hardſhips and cruel treatment, which *unmarried Women* undergo, and who, on account of being ſuch, are *rejected elſewhere*; they have unanimouſly reſolved to admit ſuch of them as are found to be *deſerted and in real want*; not doubting that this reſolution, *founded in Humanity*, will meet with the approbation of a generous and diſcerning Public; many melancholy inſtances having occurred, where ſuch unfortunate Women, ſhut out from all friendly ſhelter, overwhelmed with ſhame, and deſtitute of *Hope*, *Money*, *or Friends*, have been *driven to deſpair* by ſuch complicated miſery, and were tempted to *deſtroy themſelves* or *murder their Infants!*

This Hoſpital, in which near *eight thouſand Patients* have been delivered, being inſtituted upon the moſt liberal and extenſive plan of admitting both *married and ſingle Women*, as well as *delivering others at their own habitations*, and giving *advice to the ſick*, in *Diſeaſes peculiar to Women*, without fee or reward; the Governors hope for its ſupport by the *affluent* and *humane*; and earneſtly requeſt the timely aſſiſtance of thoſe who, by *Will*, *Subſcription*, or other Donation, may be pleaſed to contribute thereunto.

SUBSCRIPTIONS and Donations are received by Meſſrs. DRUMMONDS and Co. BANKERS, at Charing-croſs, and by Sir JAMES ESDAILE, Sir BEN. HAMMET, and Co. Bankers in Lombard-ſtreet.

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TO

BRICE FISHER, Esq.

LATE

REPRESENTATIVE IN PARLIAMENT

FOR

BOROUGH-BRIDGE, YORKSHIRE.

SIR,

ALTHOUGH *Truth and Matter of Fact might be thought sufficient to vindicate themselves, yet where Artifice and illiberal Methods have been employed to conceal one, or misrepresent the other, it becomes necessary to call upon such Authority as will render such indirect Purposes of little Effect.*

My Address to you, on the present Occasion, is to acknowledge the Justice *you have done me, since I had the Honor to be employed, and the Happiness to succeed in the Recovery of your Health. In particular, I thank you, Sir, for that unrequested Mark of Approbation and Candor with which you have been pleased to favor me; I mean the Offer of Leave to appeal to you, for a Confirmation of what I have here advanced, relative to a Medicine, the salutary Effects of which you have so happily experienced.*

I am, SIR,

Your most obedient Servant,

JOHN LEAKE.

IN-

INTRODUCTION.

ALTHOUGH the extraordinary medicinal Efficacy of the *Liſbon Diet-Drink* has now been known, and univerſally acknowledged throughout Europe, near fifty years; yet, as there are many in this great *Metropolis*, who are ſtill inſufficiently acquainted with it; it is preſumed, the following particulars will not be unacceptable to the Reader; eſpecially, as they are not received upon the vague report of others, but are the reſult of my own immediate knowledge; having ſeen, *during my reſidence at Liſbon*, repeated inſtances of its happy effects, in the cure of *Venereal Diſeaſe*, the *Scurvy*, and various *obſtinate Diſeaſes* which had withſtood the power of other Remedies.

This medicine was firſt adminiſtered at *Liſbon* by a *German*, who was Phyſician to the *Queen-Dowager of Portugal*. Its ſucceſs was ſo remarkable, in many of the worſt caſes, that it became the cuſtom for *Invalids* to reſort thither from *Spain*, *England*, *Italy*, and other parts of *Europe*, in hopes of relief; ſo that, for near half a century

century paſt, *Liſbon* has been more famous even than *Montpelier* itſelf, for the means of reſtoring thoſe *conſumptive* patients who had ſuffered from *Venereal and Scorbutic Complaints*, or other *chronic Diſeaſes* proceeding from an *impure ſtate of the Blood*; or from *the Abuſe of Mercury*.

I have, for many years, as will appear by the annexed caſes, ſucceſsfully adminiſtered the *Liſbon Diet-Drink*, and its EXTRACT, *in which its whole Virtues are concentrated*; *both which can only be had from me, either by* Letter *or* perſonal application.

It is not, however, my deſign to obtrude this Medicine on the public with the fulſome encomiums of an infallible Remedy; it is enough for me, that its credit has been ſo ſufficiently eſtabliſhed, by repeated *ſucceſs* and *length of time*, as not to ſtand in need of ſuch common and contemptible aſſiſtance. But I aſſert, with confidence, becauſe I ſpeak with truth, that no Diſeaſe incident to the human body may be *more perfectly and certainly cured, than that which is Venereal*, if it is ſeaſonably and properly treated; neither will the *Peruvian Bark* cure an ague; or *Opium* eaſe pain, with more certainty, than the *Liſbon Diet-Drink will eradicate every ſpecies of the Venereal Diſeaſe, from a recent infection, to its moſt confirmed and inveterate ſtate.*

Nothing can be more fatal to the patient than a weak and fickle diſpoſition of mind, continually agitated with doubts and fears, without the reſolution of applying for a remedy in

in due time; for, in reality, *he who despairs of a Cure will seldom ever steadily pursue the very means necessary to obtain it.*

The composition of this Diet-Drink, not being made known, may perhaps afford opportunity to interested cavillers of raising objections to it on that account; but, it is *sufficient to know*, what has been repeatedly and incontestably proved, and what no one, with truth, can deny, viz. " That it has always been given " with *perfect safety*, and in many cases with " the most *desirable success*, after other medi- " cines had been tried in vain." In a word, those who are free from prejudice and *self-interest*, will think it matter of small consequence to the patient, how, or by what means, he is restored to health, provided he gets rid of his ailments, and finds himself *safely and perfectly cured.*

Many of the medical Profession there are, who possess the most liberal minds, and act from principles of justice and honour; such are ever ready to give their patients a chance for recovery, by all possible means. But others are to be found, whose *selfish feelings* will not allow them to acknowledge the merit or success, of any method or medicine, *by which they are not immediate gainers*; and it is somewhat extraordinary, that the patient, who, in trifles, usually persists in having his own way, should give up his judgement and feelings in the *important article of health*, and tamely suffer himself to be influenced by the

the *intereſted*, whoſe opinion, therefore, is the more to be ſuſpected.

For theſe laſt twelve years, ſeveral of the Medical Faculty have condeſcended to be cured by *this Diet-Drink*; it does not, therefore, ſeem to be from a doubt of its efficacy, when they are not as ready to recommend it to others, as to take it themſelves.

Sir *Abraham Hume*, whoſe caſe was drawn up at his own deſire, and is ſet down at page 24, though particularly recommended by a gentleman who himſelf had been cured by the *Diet-Drink*, was, notwithſtanding, a long time prevented from applying to me, by the moſt unjuſtifiable means; but, having been ill *ſeveral years*, and finding himſelf loaded with medicines, yet daily growing worſe, he at laſt had the reſolution to take the Diet-Drink, and was perfectly cured by it in *two months*. Sir *Abraham* obligingly took the trouble to call upon Sir *John Pringle*, under whoſe care he had formerly been, and ſhewed him the ſcars, or, as he expreſſed himſelf, the *veſtigia* of the ſores upon his legs and arms, which were perfectly healed.

The well-known caſe of the late Duke of *H—ilton* is one of the many inſtances, which inconteſtably proves the *efficacy* of this medicine; for, by its ſole uſe, he was reſtored to health, after the advice of the moſt eminent phyſicians had proved ineffectual.

Since

Since the first Edition of this DISSERTATION, ample experienced has convinced me of the good effects of this medicine, in most *Diseases of the Stomach and Bowels*; likewise in *Cancer*, and *King's Evil*, where the Glands are affected, as at Case the first, XXXIV. and XXXIX. also in the *Glandular Consumption* mentioned by Dr. Russel, where the Lungs, after dissection, have been found beset with *tubercles:* In such *chronic disorders*, it will be found beneficial, or whenever the constitution suffers from *acrimony*, or a *briny*, *impure* state of the blood; and likewise after the *Small-pox*, *Measles*, or an *imperfect Crisis* of *malignant Fevers*, where the dregs of these diseases have not been sufficiently carried off.

It has been repeatedly observed by those who took it, that this *Diet-Drink sweetens the breath, and clears, as well as softens the skin, in a manner very remarkable and extraordinary*, as in Cases XXII. XXVIII. XXXVII. XLIV. and XLV. &c. and this it seems to effect by evacuating the *sharp, scorbutic salts*, and *gross*, *corrupted humours*, by an enlarged excretion of urine and stool.

For this reason, no medicine can be better adapted to sweeten the blood, (*Spring and Autumn*;) or to *prepare the body for sea-bathing*; where, want of due caution has often been attended with the worst consequences; for, in bad habits of body, many Distempers have been aggravated, and others brought on, by the *Cold Bath*, which, by hastily bracing and contracting the solids, will lock up and confine the impure juices, to the great injury of the constitution.

The

The *Gout* may be much relieved, and *Rheumatiſm* cured by this *Diet-Drink*, if duly continued for a ſufficient time; and by the ſame power it will remove that ſlow *hectic Fever* proceeding from a *venereal*, *ſcorbutic*, or *ſcrophulous cauſe*, which enervates the body, and ſometimes renders the patient unfit for buſineſs, or the enjoyment of life.

In *broken conſtitutions*, from *Intemperance*, or the *abuſe of Mercury*; this *Extract* has ſpared ſeveral the expence and trouble of a *journey to Bath*, eſpecially, in caſes of *irregular gout*, where ſtrength of conſtitution was wanting to produce a fit. On ſuch occaſions it may commodiouſly be joined with the *Bath waters*; for theſe remedies have been found mutually to aſſiſt each other.

It is ſcarcely to be imagined what a train of Diſorders are brought on by *habitual Coſtiveneſs*, viz. head-ach, giddineſs, and confuſion of ideas; oppreſſion at the ſtomach, piles, want of appetite and digeſtion. In ſuch caſes, the EXTRACT will keep the body gently laxative, *without diſordering the Bowels* like a common purgative, or occaſioning that *ſubſequent conſtriction*, which is common after the uſe of Rhubarb or other Cathartics. For thoſe who are thus affected, it would be adviſable to have this medicine by them, and to take it as occaſion may require.

Not only in *coſtive habits*, but alſo where the Stomach is weakened and oppreſſed with *wind*, *bile*, or crude humours; the *Extract*, by gently opening the Bowels, and acting as a *ſtomachic*, *bal-*

m

my ſoap will ſtrengthen the habit, and *reſtore both Appetite and Digeſtion.* For the ſame reaſon I have directed it with ſucceſs in *female diſorders,* where the conſtitution was weak and valetudinary; and that the following Diſſertation might *not be unfit for the peruſal of Women,* I have endeavoured to avoid every thing indelicate or exceptionable.

Women, at a *critical time of life,* are ſubject to various complaints, which frequently end in *Dropſy* or *Conſumption,* viz. *pain* and *ſwimming* in the *head, eruptions* on the *ſkin, ſwellings,* and *ulceration* of the *legs,* and glandular enlargement of the breaſt *tending to become cancerous.* — In ſuch diſorders I have found the *Diet-Drink* beneficial.

It produces its effect in a gentle manner, and principally acts by *perſpiration, urine,* and *ſtool;* inſomuch, that whenever there is ſuſpicion of a *venereal taint,* it may be given with ſafety and ſucceſs, even to *children,* or *women with child,* as at page 20 of this introduction; and as Infants are ſometimes infected by diſtempered nurſes, or born heirs to this *cruel diſeaſe,* as well as *King's Evil;* this *Medicine,* by its mildneſs, is peculiarly adapted to their cure.

Where ſharp acrimonious humours *inflame the eyes,* and occaſion *pimples and redneſs of the face,* as in Caſes XLIII. LVIII. and LX. or eruptions on the body, Caſe IV. where the female patient labours under *obſtructions,* and *that kind of weakneſs* peculiar to Women, with nervous tremor, and loſs

of ſtrength, Caſes XLI. and XLII. I have repeatedly directed the *Liſbon Diet-Drink* with ſucceſs; alſo in *bilious diſorders, where the Liver was unſound*, attended with a diſpoſition to *melancholy*, as at Caſes XXVIII. and XXXI.

In the irregular or *atonic Gout*, I have already remarked the good effect of this medicine; and, in every ſpecies of the diſeaſe, it may be given with ſafety and advantage, eſpecially if it is of the *ſcorbutic* or *rheumatic* kind. Vide Caſes XVI. XXI. XXVII.

The *Extract* being a *balmy, laxative, and grateful Bitter*, without *palling or offending the ſtomach*, will cure the *recent Gonorrhœa* much ſooner than any medicine I have ſeen tried; and *old Gleets*, ariſing from *relaxation*, or *venereal reliques*, may ſoon be removed by its uſe.

In ſhort, there are few Diſeaſes of the *chronic kind* but will yield to a courſe of this *mild, efficacious Alterative*, which may be taken with ſucceſs at *all ſeaſons of the year*, without confinement or inconvenience. It is *ſoft* and *balmy* to the taſte, *and highly reſtorative, in conſumptive habits or broken conſtitutions.* Being compoſed of *ſaline* parts joined with a *reſinous Balſam*, which united, make a kind of *medicated ſoap*; it readily mixes with the animal fluids, and with them is eaſily conveyed to the remoteſt parts of the body. By pervading the vaſcular ſyſtem and *ſearching to the extremities of the fineſt ſtrainers, it ſubdues and evacuates venereal poiſon, or other offending humours.*

In

In broken conſtitutions, which have ſuffered from a *venereal*, *ſcrophulous*, or *ſcorbutic taint*, or from the *immoderate uſe of Mercury*; it will give *Balſam to the blood*, and repair the conſtitution; for ſome patients became fat during its uſe, who before were *thin and emaciated*, as in Caſes VI. VII. LVII. LXII. and LXIII.—Hence I am convinced, there is not to be found a *greater Reſtorative* in nature than this *Diet-Drink*.

Thoſe whoſe ſtrength is impaired by that *Bane of youthful vigor*, (ſelf-———) may find effectual and laſting relief from *this Medicine*; whereas the *common advertiſed compounds*, called Reſtoratives being prepared with *Spaniſh flies*, or other *heating ingredients*, can only produce a temporary effect; they *excite deſire* by *ſtimulating* the urinary paſſage, and conſequently will leave the patient *more debilitated* than before, by winding up the ſpring of the organs beyond their natural tone, and laying an additional ſtreſs upon parts which were much too weak before.

It is therefore evident, that *no medicine* can be conſidered *truly reſtorative*, but ſuch as has a power to *ſoften the ſharp*, *thin blood*, and reſtore that *fine balmy lymph* which nouriſhes the body, and invigorates the ſyſtem.

The cauſes of *Imbecillity* in men, and *Barrenneſs* in women, may therefore be often removed by the *Liſbon Diet-Drink*, as I have had occaſion to obſerve in ſeveral inſtances, vide Caſes XXXVIII.

and XL. This *prolific effect*, in the firſt, was probably brought about by its rendering the blood more *rich and balmy*, and thereby promoting an additional ſecretion of *ſemen*; and, in the *laſt*, by repairing the female conſtitution, and reſtoring the *menſes* to their *regular periods*, without which women ſeldom become pregnant.

I have lately had ſome female patients, who, from *a bad ſtate of the blood*, or irregularities peculiar to their ſex, either remained *barren*, or, being with child, *often miſcarried*. A remarkable inſtance of the laſt kind occurred in the caſe of Mrs. *A—t—n*, of *Coleman ſtreet*. This lady had long laboured under ill health, and was of a delicate, valetudinary habit of body. She had a troubleſome Cough, and ſpit blood. Her Phyſician, Sir Richard Jebb, had directed repeated Bleeding, and kept her on *low Diet*, by which ſhe was extremely reduced.

She had often been pregnant, but generally miſcarried of dead Children; and thoſe born alive only ſurvived a ſhort time. *September* 30, 1779, being then pregnant, though apparently declining very faſt, ſhe began to take the *Liſbon Diet-Drink*, with ſo much relief, that her *ſtrength*, *ſpirits*, and *appetite* increaſed, and ſhe was happily delivered, at her full time, of a ſtrong male Child. *February* 21, 1781, being again pregnant, ſhe went through a ſecond Courſe of the *Diet-Drink*; and at the end of nine months was delivered

livered of a healthy boy. Both Children are now living, and, as well as herſelf, in a ſtate of perfect Health.

Conſumptions may be diſtinguiſhed into two ſorts; namely, *original, and ſymptomatic*; the *firſt* ariſes from ſome defect in the natural ſtructure of the body, *where medicines can avail but little*; the *laſt*, from the effect of other Diſtempers which can only be cured, by theſe being firſt removed. Of this kind are the *ſcrophulous* and *venereal Conſumptions*, where the blood is tainted with the leaven of thoſe diſeaſes. Stupor and giddineſs of the head, confuſion of ideas, and loſs of memory, attended with ſluggiſhneſs, low ſpirits, and ſlow fever, often proceed from the *reliques of a venereal taint*, or from a *ſcrophulous* or *ſcorbutic* cauſe; all which rob the blood of its balſam, and diſpoſe the patient to *conſumption*.

The *Liſbon Diet-Drink*, if duly continued, will generally relieve or cure every ſpecies of *conſumption* ariſing from a *veneral, ſcrophulous*, or *ſcorbutic cauſe*, as at Caſes XXIII. XXV. XXXI. and XXXVII. for, being conſtantly, and, for a conſiderable time, largely admitted into the maſs of blood, it will gradually *correct its morbid quality*; and by its attenuating ſalt, diſſolved in a ſoft, balmy liquor, will ſo dilute and leſſen the coheſion of the fluids, that the *venereal poiſon*, or *ſcrophulous acrimony* may be more eaſily ſeparated from the ſound juices,

and washed out of the body by the increased discharges of *perspiration*, *urine*, and *stool*.

Also, in that particular class of *nervous Disorders*, arising from a *venereal taint*, *scrophulous*, or *scorbutic humours*; the use of this *Diet-Drink* will be found equally salutary, by *eradicating the seeds of those latent diseases*, which fall on the Nerves; as at Cases IV. XXVIII. and XXXV. for, so long as they remain in the blood, and poison that vital source from which all the parts of the body derive their nourishment, *so long the nervous system must remain weak and infirm*.

In treating of scorbutic Complaints, it has been observed of *Sea Salt* taken into the body, that the force of the digestive faculties is insufficient to change its nature, which, after repeated circulations, remains invincibly the same; so that unless these salts, with which the Blood is overloaded in scorbutic Cases, are plentifully carried out of the body by the *urinary discharge*, they will *fall upon the glands of the skin*, *in form of scorbutic eruptions*: The *gums* will also grow spungy, or bleed upon the slightest touch, and at last ulcerate, from a corruption of the juices and the acrimony of the putrid saliva.

That the *Kidneys* are the proper excretory organs, by which this *briny acrimony* is naturally discharged, is evident from the saltness of urine; and therefore, a Disease brought on from this quality, may be effectually cured by this

Diet-

Diet-Drink, which, after diluting the Blood, will diſſolve the *ſharp*, *ſcorbutic ſalts*, and carry them off by an increaſed *urinary diſcharge*.

It is here proper to remark, that the *virtues of the Liſbon Diet-Drink are deſtroyed by long keeping*, and therefore, it is neceſſary to take it *perfectly freſh* upon the ſpot, as it cannot, in the heat of ſummer, be preſerved in its genuine ſtate, above two or three days.

*** *On this account, I was obliged to decline ſending it into the* country or abroad, *though often ſolicited ſo to do. But, in order to remedy the inconvenience of its not keeping, I have, for many years paſt, adminiſtered an* Extract *of this* Diet-Drink, *in which are concentrated the* whole virtues *of the medicine, ſo as to be conveyed to any part of the world, without injury to its medicinal qualities. It is contained in ſo* ſmall a compaſs, *and ſo eaſily managed, that it may be taken with* ſecreſy *by the patient, even in* travelling, *without the leaſt inconvenience.*

It s here neceſſary to obviate a prevailing ſuppoſition, viz. the name of *Diet-Drink* implies an idea of ſuch medicine being only proper in *Spring or Summer*; but, although theſe may be moſt eligible; this Medicine will anſwer, *in ſucceſs, at all Seaſons of the year*, as may be ſeen by the ſubſequent caſes, where many of the patients, under the worſt ſymptoms, were cured in the *midſt of Winter*.

The uſual quantity of this Diet-Drink is half a pint, twice or thrice a day, for a month, or longer, in proportion to the duration of the Diſeaſe, and violence of its ſymptoms; regard being had to the following *Regimen*, which, without inconvenience, may be complied with.

The patient may uſe moderate Exerciſe, and go abroad in his uſual manner, but ought to conform to the following Regimen. He ſhould avoid *acids*, and things *ſalt or high-ſeaſoned*. Fat meats, hog's fleſh, or ſour vegetables, are at this time prejudicial; but all vegetables *not partaking of acidity*, and alſo *Milk* may be allowed. Let him live chiefly upon dry food, and white meats, ſuch as veal, rabbits, fowls, &c. He ſhould abſtain from the immoderate uſe of liquids, eſpecially thoſe of the ſpirituous kind; and, at meals, drink ſparingly of clear ſmall-beer, or any of the light white wines, diluted with water.

This was the method obſerved in adminiſtering the *Diet-Drink* at *Liſbon*, where I was a witneſs of its ſucceſs in the moſt deplorable caſes of the *venereal Diſeaſe*, and other *chronic Diſorders*, ariſing from *a diſtempered Blood*, even when the moſt powerful medicines had been found ineffectual.

For that reaſon it was often recommended by the moſt *eminent Phyſicians* and *Surgeons* there. Being honeſtly ſolicitous for their patients' recovery, they were not prejudiced againſt any means which could effect it. Such liberal behaviour differs much from the conduct

duct of thoſe who, although convinced of its *ſuperior efficacy, by daily and inconteſtible proofs,* oppoſe its adminiſtration, from *principles of* mere *ſelfiſhneſs*; and even, what is worſe, *fraudulently* impoſe ſome *pernicious compound* on the credulous patient, *by giving it the fictitious name of* Liſbon Diet-Drink.

Powerful medicines, by becoming general, are liable to abuſe; this *Extract, therefore, can only be had by immediate application to me, either* perſonally or by Letter, *and not by any vague, or verbal meſſage ſent by ſervants, to which no regard can be paid. This I mention, to prevent the trouble of all frivolous and unneceſſary enquiries, and to avoid ſuch miſtakes, or impoſitions, as might otherwiſe happen.*

It is alſo proper to inform the Reader, *that this medicine is always received from my hand,* in Parliament-ſtreet, from *ten to twelve in the morning, or from ſeven to eight in the evening, and is to be paid for at the ſame time.*

To thoſe of diſtinction and affluence, many of whom have taken the *Diet-Drink* or its *Extract,* in *London* under my immediate care, the expence of the medicine has always been made according to the circumſtances of the patient, and length of time and attendance which the nature of his caſe might require; but, as I have been repeatedly informed, that many perſons in the country, who wiſhed to take the EXTRACT, neither knew the expence of it, nor in what manner it was to be obtained; I found it neceſſary

neceſſary to ſignify, that the expence of a Courſe of the EXTRACT, for one month, is *five guineas*, which may be conveyed to me under a ſealed cover, or ſafely remitted by a *country*, *bank poſt bill*, or *draft* payable at ſight, incloſed in a Letter and ſent by the *general poſt*, directed to Doctor Leake, in Parliament-ſtreet, London; which being received, the medicine, with PROPER DIRECTIONS, by my order, ſhall then be immediately forwarded by ſuch *conveyance* as the patient may point out, and according to the *directions* ſpecified in his Letter.

*** *For the uſe of thoſe at a great diſtance from the Metropolis, this ſhort Narrative is publiſhed; and it is requeſted* of ſuch as apply, *that all Letters may be* ſhort, expreſſive, and poſt-paid; *and that in the* ſtatement of caſes for advice, *the principal, or leading ſymptoms of the diſeaſe ſhould only be mentioned — no more being neceſſary to make them perfectly underſtood.*

††† *Doctor Leake's hours for Advice at his houſe in* Parliament-ſtreet, *are from ten to twelve o'clock in the morning, and from ſeven to eight in the evening.*

Poſtſcript.

Poſtſcript.

AS ſoon as any medicine has acquired reputation for its ſuperior efficacy, immediately up ſtarts another *chriſtened by the ſame name*; for, many people there are poſſeſſed of more credulity than diſcernment, with whom, for a time, ſuch *counterfeit metal* will paſs as *current coin*.

Swarms of indigent, and ignorant empirics, who call themſelves doctors, infeſt this great metropolis, and lie in wait to impoſe their *pernicious compounds* on the weak-minded and unwary, by giving them *borrowed or fictitious names*; but however low the price, the purchaſer will pay too dear, who *buys the name of the medicine only, inſtead of the medicine itſelf, even at the expence of his health which he ſought to obtain.* No matter what the compoſition, it is as eaſy for a *crafty impoſtor, to call it Liſbon Diet-Drink, as to give it its real name.*

The like frauds have been practiſed in the ſale of Dr. *James's Powders*, and other valuable medicines, as well as this; and therefore ſuch timely cautions cannot be unneceſſary; for, after the patient's *mouth ſhould become ſore*, his *teeth looſe*, his *breath offenſive*, and his *bowels inflamed*, or *mortified*, it would then be much too late for him to diſcover, that *corroſive ſublimate*

limate of mercury (the rankeſt poiſon known) had ſlipped into a common decoction *of the woods*, and had borrowed the name of LISBON DIET-DRINK.

Here it is neceſſary to obſerve, that when I had ſucceeded in the extraordinary caſe of Mr. *Brice Fiſher*, and perfectly cured him by the Liſbon Diet-Drink in *four months*, after he had laboured under a diſeaſe for more than *three years*, ſo complicated and *inveterate*, that the various preparations of *Mercury*, *Antimony*, *Sarſaparilla* and other medicines, had been *tried in vain*, and therefore he was given over as *incurable*; a patent was obtained for *Leake's Pill*, by a perſon who called himſelf *Walter Leake*, *Citizen of London*, (important title,) and if I am not miſinformed he might have added *Journeyman Bookbinder*. Anxious for the public good, this induſtrious man not only bountifully diſtributed his *Hand-Bills* to the multitude paſſing along the ſtreets, but alſo poſted them up in the moſt conſpicuous parts of the town. After thus for ſeveral years availing himſelf of his *Name (the baſis of his Pill)* he died, and left his widow poſſeſſed of his valuable ſecret, who, not like her huſband, being ſkilled in matters of phyſic, prudently commenced partnerſhip with her *Bill-ſticker*; and he, in conſequence of her death, as I am informed, became the poſſeſſor of the compound, termed *Leake's famous pill*.

So

So much for the rise and progress of *Quack-Medicines*, with which the public has a right to be acquainted, in order to *avoid such gross mistakes as might happen to the undiscerning multitude, from a want of proper distinction in the* names of men or things, *and which, otherwise, would have appeared unworthy of notice.*

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CASES

SUCCESSFULLY TREATED BY A COURSE OF

LISBON DIET-DRINK.

I HAVE here omitted ſeveral caſes which were formerly publiſhed, and inſerted others of a different nature; more, I think, would have been ſuperfluous and unneceſſary, as many of them muſt have been ſimilar to thoſe already ſtated.

*** *The ſubſequent Caſes will determine whether the intention of giving Mercury is not more ſafely anſwered, by a courſe of Liſbon Diet-Drink; ſince, from the firſt, he muſt ſuffer both confinement and loſs of ſtrength, but, by the laſt, may be reſtored to health at full liberty, without waſte of body, or injury to his conſtitution.*

‡‖‡ *The Reader is deſired to obſerve, that no Caſes have, or ſhall be inſerted, which on account of the Symptoms might appear exceptionable; unleſs it be with the concurrence of the patient.*

CASE I.

Scorbutic Eruptions, with glandular, ſcrophulous ſwelling in the Neck, and Abſceſſes in the Armpits.

MR. PENMAN, a Cabinet-maker of *Silver-ſtreet, Golden-ſquare,* had been afflicted with an inveterate *Scurvy ſix years,* which every Spring and Autumn attacked him with redoubled vigour: The Diſeaſe began with *wandering pains* which became almoſt intolerable in the night, but were ſomewhat abated towards morning.

He had *Eruptions* on the hands, legs, and arms, from which a glairy moiſture ouzed forth, and, growing dry, gradually hardened into thick, *horny cruſts,* which peeled off, and were again ſucceeded by others of the ſame kind.

Theſe ſymptoms were accompanied with *inactivity,* and loſs of ſtrength, with profuſe *night-ſweats,* and wearineſs of the muſcular parts, as after immoderate exerciſe. He had ſometimes a bleeding from the nōſe, with *itching, ſpungy gums,* which bled upon the ſlighteſt touch.

About two years before, ſeveral ſmall glandular ſwellings appeared in his neck, and under his arm-pits, the laſt of which came to ſuppuration, and were opened.

The wound digeſted badly, and a freſh collection of matter was brought upon the part, which was diſcharged by inciſion as before; notwithſtanding the ſore made no advance towards

wards healing, but degenerated into a *hollow Ulcer*, which turned out tedious in the cure, and was laid open ſeveral times before that was effected.

During his illneſs he had tried *Mercurial Phyſic*, the purging waters and *Æthiops Mineral*, with the different kinds of anti-ſcorbutic Diet-Drinks, and *decoctions of ſarſaparilla*, but with little relief.

November the 6th, 1757, when he applied to me, he had alſo *great difficulty in breathing*, and acute pains under his ſhoulder-blades. I directed him the *Liſbon Diet-Drink*, by which his pains went off in about ten days, and he could breathe with more eaſe; ſoon after, the *Eruptions* on the hands, arms, *&c.* began to fall off, and at the end of a month he had a good appetite and was perfectly cured.

The Diet-Drink kept his body moderately *laxative*, and remarkably *increaſed the urinary diſcharge*.

CASE II.

Gonorrhœa of long ſtanding, with violent Pain and Preſſure at the Neck of the Bladder, and frequent Endeavour to make Water.

MARCH the 12th, 1757, Mr. L. a gentleman at the Duke of Northumberland's, aged thirty-five, applied to me: he had been extremely ill-treated; for, though his complaint was at firſt only a ſlight diſcharge, he had been liberally plied with *Mercury* and *ſtrong purga-*

tives, inſtead of *bleeding*, plentiful *dilution*, and the uſe of *emollients*.

He was rendered very low and weak by this rough treatment; which, by irritating the inflamed parts, brought on violent pain at the neck of the Bladder, with a frequent endeavour to make water, which he voided in ſmall quantities, and with great pain: this complaint at laſt ended in a total *ſuppreſſion* of *urine*, inſomuch as to oblige him to have it drawn off by the *Catheter*, and afterwards he was directed to the uſe of the *Bougee*. — I directed ten ounces of blood to be taken away, and an *opiate* at night; an emulſion was alſo taken occaſionally, which abated his pain. A few days after, he began the *Liſbon Diet-Drink*, which gently opened his body, and in a ſhort time the irritation and forcing down at the neck of the Bladder abated, and the inflammation of the urinary paſſage gradually went off. He has ſince remained free from every *Venereal* ſymptom, and at preſent is in perfect health.

CASE III.

Eruptions on the Body, an Ulcer in the Mouth, and a Bubo.

AN Iriſh Gentleman, young and of a plethoric habit, perceived a ſmall tumour in the right groin, which by a Surgeon in the country was judged to be the effect of cold, and conſequently diſregarded: it continued to

increaſe

increaſe for five weeks, till it became big as a *large walnut*; at which period, a fluctuation of matter was ſenſible to the touch, and the Surgeon propoſed to lay it open by inciſion; but, waiting too long for *ſuppuration*, the collected matter was abſorbed into the blood, leaving behind it a hard indolent ſwelling, which would *neither diſperſe nor ſuppurate*: Soon after, an *Ulcer appeared in his throat, near the right Tonſil Gland*; he had dry, tawny eruptions on the ſkin, with brown ſpots, which peeled off like *Bran*: On his arrival in *London*, he was adviſed to undergo a *Salivation*, but, by the recommendation of Mr. *Kelly* of the *Temple*, he applied to me.

April the 5th, 1757, I put him upon a courſe of the *Diet-Drink*, which brought the Bubo to ſuppuration; ſo that, a cauſtic being applied, the matter was diſcharged, and the ulcer healed firm and ſound from the bottom. Towards the end of his courſe, the *Ulcer in his mouth healed*, his *ſkin was clear of Eruptions*, and he was perfectly cured in a month, having remained well ever ſince; at this late period of time, *December* 27, 1790, being in good health and ſpirits.

The *Diet-Drink* ſweated him at night, and kept his body gently laxative.

CASE IV.

Stubborn Scorbutic Head-ach, of eight Years ſtanding, with Eruptions on the Body.

MR. WHEATLEY, Clerk to a timber-merchant, in Dean-ſtreet, Soho, aged twenty-four, for *eight years* had been conſtantly troubled with a ſtubborn *ſcorbutic Head-ach*; the pain was ſo violent by turns, as to bring on vomiting, attended with ſtiffneſs and ſwelling of his eye-balls. He could not eat ſolids, or ſleep for ſeveral days and nights; his ſtomach being ſick, and his head giddy. He was bliſtered, bled at the arm, and by *Leeches* applied to the affected part; he frequently took purging phyſic, and ſeveral other remedies were both internally and externally applied, but without relief. About ſeven years before, his whole body broke out with a moiſt ſcab, and from that time he *never miſſed theſe eruptions, more or leſs, every ſpring, till that of taking the Diet-Drink.*

April the 27th, 1757, he began a courſe of the *Liſbon Diet-Drink*, which was duly continued for upwards of a month: *It promoted ſweat and urine, and kept his body gently laxative.* He found ſenſible relief in four or five days, and had but one attack of the Head-ach during the whole courſe; towards the end of which, he was free from pain, and in every reſpect perfectly cured.

CASE

CASE V.

Venereal Ulcers in the Throat, and Eruptions on the Skin.

SEPTEMBER the 3d, 1757, a young gentleman, aged nineteen, a year and a half before he applied to me, contracted a *Gonorrhœa*, with *ſhankers and bubo*; theſe ſymptoms were removed by a ſurgeon in ſix or ſeven weeks, and the patient was concluded well. About a month after he perceived a *hoarſeneſs*, with huſky dryneſs in his throat, (as he expreſſed it,) when, prompted by uneaſineſs and pain, he looked down his throat, which appearing raw and *ulcerated*, alarmed him greatly.

He had ſeveral broad tawny ſpots upon his breaſt and body, reſembling *Bran*. I found the *Tonſil Glands* almoſt eaten away, and the paſſage behind the Uvula full *of ſmall Ulcers*. *September* the 5th, he began with the *Liſbon Diet-Drink*, which in ten days cleared his ſkin of the Eruptions, and ſenſibly relieved his throat, not being able to ſwallow till then, without violent pain behind his ears; in a fortnight, the inflammation abated, the ulcers grew clean, and ſeemed diſpoſed for healing, which was entirely effected at the end of three weeks; but, for his greater ſecurity, he continued the Diet-Drink a week longer, and was then perfectly cured: it kept his body *lax*, increaſed his quantity of urine, and promoted *perſpiration*.

CASE VI.

Nocturnal Pains in the Head, a Caries of the Bones of the Nose and Palate, with Ulceration of the Tonsils and Uvula.

SEPTEMBER the 14th, 1757, Mr. *Wieland*, a Gold Watch-chaser, of a slender constitution, aged fifty-three, by the recommendation of Mr. *Oborn*, his *Apothecary*, at *Clerkenwell-green*, applied to me; about *seven years* before he had been constantly troubled with *nocturnal pains*, which deprived him of his natural rest.

He often felt indolent pains, extending towards the ears, with a *sense of a weight across his nose*, which proved the unlucky forerunner of what afterwards happened, *viz.* a *decay* of the *Cartilage* and *Bones*: at length the inside of his nose was *ulcerated*, and so filled up with *scabs*, that it was with the greatest difficulty he could breathe. In picking the nose, and attempting to blow it, several pieces of the *decayed bone* came away, one of which was as large as the finger nail, *which I have in my possession*. The nose was then considerably depressed, so as to disfigure the face; and in this unhappy situation he was in *despair*, and laboured under the dreadful apprehensions of dying by inches, as *every method had been tried in vain*. Half a year after, an inflammation fell upon his eyes, and for a considerable time he was almost blind, but totally so in the *right eye*, inasmuch

much as not even to distinguish the light of a candle. Soon after he was attacked with a sore throat, and ulceration of the *Uvula* and *Tonsil Glands*. At this time he put himself under the care of Mr. *Oborn*, his *Apothecary*. He tried fumigation, and the several *Mercurial Preparations*, but particularly the *Blue Pill*, with a *strong decoction* of *Sarsaparilla*, but without the wished-for effect; for the Ulcers still continued in a corroding state, and soon after another *Ulcer* made its appearance on the roof of his mouth, which destroyed the *Palate-Bone* quite through.—Finding his disease thus *uncommonly inveterate*, and so deeply rooted in his constitution by length of time, he began to *lose all hopes of a cure, as well as the patient*, who seemed sinking very fast. In this condition he came with him to me.—I found both the *Tonsil Glands* consumed by *Ulcers*; the *Uvula* was eaten away at its basis, and hung by a small thread ready to drop into the throat, which was therefore snipped * off with the probe-scissors; the *Ulcer* on the roof of his mouth had made its way through the *Palate-Bone*, and was large enough to admit a goose-quill, so that the *liquids* he attempted to swallow were forced through this *hole*, and gushed out at his nose; which obliged him to hold a handkerchief to his face, to hinder it from being perceived. *September* the 16th, he began a course of the

* *Vide the Plate.* No. 4, the diseased *Uvula* snipped off at its upper part, by which it hung.

Lisbon

Lisbon Diet-Drink, which generally sweated him night and morning; and, though these sweats were sometimes profuse, he found both his strength and spirits better than before; his quantity of urine was also increased, and he had generally two motions every day. On the 23d, the inflammation of the throat seemed abating, and the Ulcers looked cleaner; he could swallow with less difficulty and pain, and had a craving stomach, with better digestion. About the 30th, the *Ulcers* in the throat healed apace, and the *hole* in the roof of his mouth unexpectedly began to fill up with granulations of sound flesh; he could now swallow without regurgitation of liquids through the nose, and in five weeks all the *Ulcers* in his throat were perfectly healed, and the *hole* in the palate was firmly closed, so as not to allow one drop of liquor to escape into the nose. By this time he was in good spirits, got strength very fast, and *at the end of six weeks left off the Medicine, perfectly cured. I have taken the state of this case from the patient's own mouth; and it is at his request, and his Apothecary's, I here insert it.*

CASE VII.

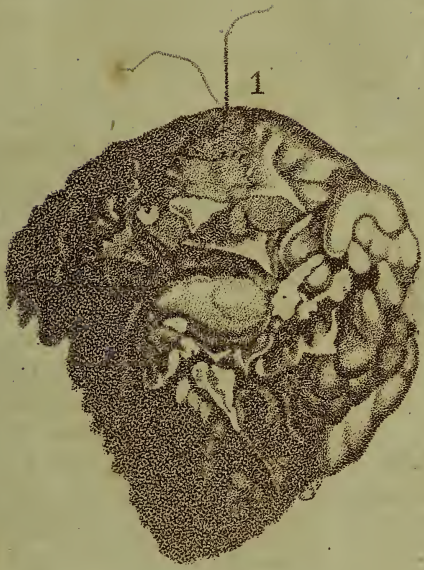
Ulceration of the left Tonsil Gland, with a Venereal Tumor on the inside of the Throat, succeeding an old Gonorrhœa.

OCTOBER the 7th, 1757, Mr. *B.* an *Apothecary*, in *Titchfield-street*, aged twenty-seven, of a thin emaciated habit of body, applied

plied to me. About three years before, he contracted a *virulent Gonorrhœa*, which was removed in a few weeks, except a ſmall diſcharge which continued; but, having no marks of *virulence*, he neglected it as a *ſimple Gleet*, proceeding from mere relaxation; in this manner it remained about *two years*. At length he perceived a ſwelling in the *left Teſtis*, which abated by the uſe of Mercury and purging phyſic: the diſcharge ſtopped, and ſoon after he had a ſore throat with *Ulceration* of the *left Tonſil Gland*, ſo that it appears plain his blood became tainted by the reliques of *Venereal Poiſon*. He was now much alarmed, and immediately began a courſe of *Mercurial alteratives*, with a decoction of the *woods*; notwithſtanding which, the *Ulcer* grew larger, and appeared in a foul corroding ſtate; ſmall fleſhy granulations began to ſhoot out from the ulcerated part, which he endeavoured to deſtroy by eſcharotics, &c. He tried different preparations of *Mercury*, in order to deſtroy that Venereal cauſe which gave riſe to the Ulcer, and to reſtrain the *excreſcence*, *exactly repreſented by the annexed Print*; notwithſtanding which he perceived it every day growing larger. In twelve months the *tumor* was ſo enormouſly enlarged downwards and acroſs his throat, that it was with the utmoſt difficulty he could *breathe*, *ſwallow*, or *ſpeak* diſtinctly. Whilſt in bed, he breathed ſo laborioufly, that he was often obliged ſuddenly to riſe up in the night, to avoid

avoid the danger of ſuffocation. He applied to me ſoon after, in a moſt languiſhing condition indeed, being extremely waſted and worn away from anxiety of mind and the want of ſleep, and nouriſhment. He was now unable to ſwallow any *ſolid food*, and therefore obliged to live upon broth, milk, &c. I extirpated the tumor with ſome difficulty *, and deſtroyed the roots of it by the cauſt. lunar, incloſed in a ſilver canula, and cautiouſly conveyed down his throat to the affected part. A few days afterwards, as ſoon as he could ſwallow, he began the *Liſbon Diet-Drink*, which ſweated him night and morning, and proved ſo remarkably *diuretic*, that, contrary to his uſual cuſtom, he was often obliged to riſe from bed in the night. The *Medicine* generally procured him two lax ſtools each day: towards the end of the courſe, he had a good ſtomach, and got ſtrength very faſt. In a month, the ſore in his throat was healed. He is ſince grown fat, remains perfectly well, and is free from every venereal ſymptom; having a few days ago been favoured with the particulars of this caſe from his own mouth, together with his *warmeſt acknowledgements* for my care and attention to his ſafety.

* *Vide the Plate.* No. 1, the body of the tumor extirpated from the inſide of the *Throat*. 2. A remaining portion of the ſame tumor, extracted two days after the firſt part. 3. Small fragments of the tumor, extracted in ſeparate pieces.


1

2
3
4

*** *The tumor extirpated from his throat, I now preſerve in ſpirits. By this caſe it will appear, that, although thoſe of the medical profeſſion are not very ready to recommend the Diet-Drink to other people, they, notwithſtanding, do not think it improper for themſelves.*

CASE VIII.

Bubo, Blotches on the Pudenda, with Shankers, and a virulent Diſcharge.

NOVEMBER the 24th, 1757, I was ſent for to a Lady in *Clarges-ſtreet*, of a florid complexion, aged twenty-four.

The Pudenda was full of *Blotches*, which had made deep ſpreading ſores, and excoriated the next ſurrounding parts. The next day ſhe began a courſe of the *Liſbon Diet-Drink*, which perfectly agreed with her ſtomach: it uſually gave her two or three lax motions each day, ſweated her a little at night, and in the day increaſed her quantity of urine. The inflammatory ſymptoms ſoon went off, and the diſcharge from the Ulcers was much abated. She purſued this courſe about a month; during which the Bubo diſperſed, and the ſores were perfectly healed without any external application, excepting a lotion of milk and water. She has ſince remained *free from every venereal ſymptom.*

CASE

CASE IX.

Venereal Scrophula.

Nocturnal Pains in the Head, Shanker and hard ſcrophulous Swellings under the Chin, and behind the Ears, after Salivation.

JULY the 25th, 1758, an Officer in the army, of a ſlender habit of body, applied to me for advice, on the day of his arrival in *London*, from a diſtant part of the country; where he had undergone a *ſalivation* for an old venereal complaint. He told me that, ſome time after the ſalivation, his ſymptoms returned, and were ſtill evidently venereal, and that he was adviſed to take a *decoction of the ſarſaparilla*, with *ſolution* of *ſublimate*, which he thought of ſome ſervice to him at firſt; but, though he purſued the uſe of it for a long time, he again became bad as ever, and therefore, being diſſatisfied, haſtened up to town for my advice.

When he applied to me, he was much emaciated, and apparently *conſumptive*. He was conſtantly troubled with *nocturnal pains in the head* at night, which hindered him from ſleeping till the morning, when they abated; he had a large *ſhanker* on the Prepuce, and the Glands under his chin and behind the ears were hard, painful, and much enlarged. He began a courſe of *Liſbon Diet-Drink*, which procured him immediate relief. In five or ſix days the *nocturnal pains* were abated, and the Shanker healed ſoon after; the *glandular ſwellings*, indeed,

deed, did not disappear till towards the end of five weeks, at which time he left off the Medicine, and was free from all *venereal symptoms*.

CASE X.

Virulent Gonorrhœa of long Continuance.

OCTOBER the 29th, 1758, a tradesman applied to me with an old *Gonorrhœa:* He had taken great quantities of *Mercury* and purging Physic, which did not eradicate the disease, for the discharge was high-coloured and virulent. *October* the 30th, he began with the *Diet-Drink*, and in three weeks was *perfectly cured*.

CASE XI.

Old Shankers breaking out after Salivation.

APRIL the 21st, 1759, a gentleman of fortune desired my advice: He was of a thin delicate habit of body, and appeared *consumptive:* — He told me that, a few months before, he had been recommended to me by a gentleman at *Plymouth*, for the cure of an old *venereal complaint*, and that he came to *London* accordingly; but on his arrival, was persuaded to undergo a *salivation*, by which the symptoms of his disease seemed to be carried off. The violence of this course greatly impaired his strength, and brought on a *spitting of blood from the lungs*, which in the end proved the occasion of his death. A few weeks after the Salivation,

Salivation, the *old ſhankers* broke out again, which was the reaſon of his applying to me: I directed him the *Diet-Drink* for three weeks, by which the ſhankers were healed without any relapſe. He afterwards left town, and went to his father's country-ſeat in *Huntingdonſhire*, where I heard he languiſhed ſeveral months, and, being worn away to a ſkeleton, at laſt *ſunk under the ſpitting of blood, and his other conſumptive ailments, which were evidently brought on by the Salivation.*

CASE XII.

Swelling of the Teſtes, Excreſcences on the Glans and Prepuce, and Blotches on the Head and Body, of four Years continuance.

A Gentleman of a corpulent habit, aged thirty-two, near *four years* before contracted a virulent Gonorrhœa, with *ſhankers* on the Glans and Prepuce, which, by the uſe of internal medicines diſappeared. In a few months the diſeaſe broke out with all the ſymptoms of a confirmed *Lues*; the patient being conſtantly troubled with *nocturnal pains* in the ſhins, and *Eruptions* on his Head, Arms, and other parts of the Body.

The *Teſtes* were enormouſly enlarged, particularly the left, being alſo extremely hard, and in a manner *ſchirrous*. The Glans and Prepuce were beſet with *warts* and fleſhy excreſcences.

April the 10th, 1760, I directed him a courſe of the *Liſbon Diet-Drink*, which ſweated him gently,

gently, and generally procured him two lax motions each day. On the 22d of the ſame month, being diſappointed of ſeeing me, I received a line from him with the following account, *viz.* "That his ſymptoms were much "abated, and every thing changed for the bet-"ter; that the hard lumps which lay under the "diſcoloured places on the arm, *&c.* were va-"niſhed, and the Teſtes gradually reduced in "ſize." He thus continued growing better, and in a month his ſkin was perfectly ſmooth, his head clear of Eruptions, the Teſtes free from pain and hardneſs, and returned to their natural ſtate, without any relapſe.

CASE XIII.

Enlargement of the Teſtes, with thick ſcaly Eruptions, and preternatural Induration of the Scrotum.

AN *Ironmonger* in *King-ſtreet, Weſtminſter*, aged thirty, applied to me *September* 27th, 1761. About twelve months before, he had contracted a venereal complaint, which firſt ſhewed itſelf by the appearance of a *ſhanker* on the Glans. He was recommended to me for advice, by Mr. *Branſby*, his apothecary, of *Curzon-ſtreet, May-Fair*. I directed the *ſcrotum* to be ſuſpended in a bag-truſs, and put him upon a courſe of the *Diet-Drink*, by which the ſwelling of the Teſtes gradually diſappeared, the *ſcrotum* threw off its thick cruſty ſcab,

and the *ſhanker* healed. In the ſpace of a month he left off the Medicine, *cured*.

CASE XIV.

Scorbutic Ulcer and Swelling of the Leg.

CAPTAIN Thomas, of *Half-moon-ſtreet, Piccadilly*, of a groſs habit of body, aged twenty-eight, applied to me with a *ſcorbutic ſore* on the leg, which he attributed to irregular living, with the exceſs of heats and cold which he was obliged to undergo with the troops abroad. At the time I ſaw it, the *Ulcer*, though not large, was *deep*, *ſordid*, and *painful*, with thick callous Lips, and a great degree of blackneſs and tenſion upon the ſurrounding parts.

November 10, 1761, he began a courſe of the *Liſbon Diet-Drink*, which purged him gently, and increaſed the urinary diſcharge: by this method, regularly continued for five weeks, the *Ulcer* was healed, the ſwelling of the leg entirely ſubſided, and his habit of body was much changed in all reſpects for the better.

CASE XV.

Scurf and Morphew on the Hands, Face, and Body.

FEBRUARY the 5th, 1762, a Linen-draper at *Brentford* applied to me for advice: His ſkin, particularly on the Hands, Head, and Face, was thickly covered with a white thin pellicle,

pellicle, like gold-beaters ſkin, which from time to time peeled off, and was again ſucceeded by more of the ſame kind. By taking the *Diet-Drink* one month, the appearance of the complaint was ſo much changed for the better, that he continued taking it for ſeven weeks, in which time his ſkin was *ſoft, ſmooth, and free from Eruption*, and he then left off the Medicine, *cured*.

CASE XVI.

Scorbutic Gout, with Contraction of the Fingers, paralytic Numbneſs of the Hands, and Eruptions on the Head.

MR. Chaneau, an *Iriſh* Gentleman of fortune, of lax Fibres, and much emaciated, was recommended to me for advice by *Brice Fiſher*, Eſq. He had been ſubject to many *ſevere attacks of the Gout*, and his *Hands, Wriſts, and Fingers, were ſo contracted, that he was not able to write or hold a pen*; his aſpect was ſickly and pale, and his pulſe weak; in ſhort, he laboured under every ſymptom which indicated a *ſhattered conſtitution, and a ſharp, impoveriſhed ſtate of the Blood*.

April the 27th, 1762, he began a courſe of the *Liſbon Diet-Drink*, which agreed with him perfectly well; in the ſpace of a month the paralytic numbneſs of his Hands and Arms went off, and his *Fingers, from a contracted, torpid ſtate, became warm, flexible*, and *ſtrong*, ſo that

he was now able to write. The *Scorbutic Eruptions on his Head and Temples diſappeared*, his ſtrength and appetite increaſed, and his complexion became *healthy*. In this ſtate he was able to bear exerciſe in his coach, and ſoon after left *London* for *Dublin*, from whence he propoſed returning, the next Spring, to repeat the uſe of the Medicine; but, the year following, Mr. *Fiſher* ſhewed me a letter from him, in which, with much politeneſs and gratitude, he mentioned his perfect cure; having, to the ſurpriſe of all his acquaintance, continued in good health from the time of his leaving *London*.

CASE XVII.

Fluor Albus, or Female Weakneſs, with Scorbutic Eruptions on the Head and Face.

A Married Lady near *Guildhall*, of a conſumptive, delicate habit of Body, applied to me for advice. She had *dry ſcaly Eruptions* on her head and face, and was ſubject to the *Fluor Albus*, which had very much reduced her, and brought on pains in her Back and Loins, with loſs of appetite and a ſlow *Hectic Fever*. *Auguſt* the 16th, 1762, ſhe began to take the *Diet-Drink*, which promoted a gentle perſpiration, and kept her body laxative, without the leaſt diminution of ſtrength. She was *perfectly cured of the Eruption and Fluor Albus in one month*; her appetite being good, and her feveriſh heats entirely removed.

CASE

CASE XVIII.

Venereal Ulcer in the Throat, with Deafneſs, and Noiſe in the Ears.

MR. P. a young ſtudent from *Cambridge* applied to me with an *Ulcer* in his throat, which for many months had been treated as venereal by his Surgeon there: He put him upon a *Mercurial courſe*, during which, he had *ſpit ſeveral weeks*; he afterwards gave him a ſtrong *decoction of the woods*, but the ſoreneſs and ulceration of the throat ſtill continued, with exceſſive *Deafneſs*.

As he at firſt came to town for my advice, he went back again to *Cambridge*, where a gentleman of the profeſſion endeavoured to diſſuade him from taking the *Diet-Drink*, telling him it would not ſucceed, on account of the *extreme coldneſs* of the ſeaſon; however, he returned to *London*, and took a lodging in *Rider-ſtreet*, *St. James's*, where I attended him. *February* the 5th, 1763, he began a courſe of the *Diet-Drink*, which generally procured him two motions a day, and increaſed his quantity of urine. When he had taken the *Medicine* ſix or ſeven days, he found the ſoreneſs of his throat abated, and his *Deafneſs* much relieved; his appetite was good, he ſlept well, and at the end of one month, left off the Medicine *perfectly cured*; the *Ulcer* being healed, and the ſoreneſs

of his throat, together with the deafneſs and noiſe in his ears, totally removed.

*** *About a year after, he paid me a viſit, and informed me, that from his leaving off the Diet-Drink he had continued in perfect health; which ſhews the weakneſs of every objection to the uſe of this Medicine, on account of the* cold-neſs of the weather; *ſince he, as well as many others, was cured by it, in the very* depth of winter, *when the ſeaſon was uncommonly ſevere.*

CASE XIX.

Ulcer in the Throat.

A Gentleman of fortune, who lodged in *South-ſtreet, Berkeley-ſquare,* applied to me: he had been *ſalivated* a few months before, and afterwards went through a courſe of *mercurial alteratives,* for an ulcer in his throat: the *right tonſil gland* was almoſt totally conſumed, and the ulcer ſeemed ſpreading to the contiguous parts. He complained of much ſoreneſs, with difficulty in ſwallowing, and a ſenſe of fulneſs in the throat. *April* the 29th, 1763, he began with the *Diet-Drink*; after the firſt three or four days, there was a viſible alteration in the *ulcer* for the better, which healed without interruption in the ſpace of *one month.* This gentleman was much emaciated when he applied to me, but, after leaving off the *Diet-Drink,* he grew fat and ſtrong.

CASE

CASE XX.

Intenſe Head-ach, with Eruptions on the Skin.

MR. Chawworth, a gentleman of rank and fortune, in *Berkeley-ſtreet, Piccadilly*, was recommended to me for advice, in a diſorder of an uncommon nature. At certain times, particularly after exerciſe, his Hands, Breaſt, and Arms, broke out as if ſtung by Nettles, with an intolerable itching, like that diſorder in the *Weſt-Indies*, called *Prickly Heat*; and this eruption was generally preceded by a *violent fit of Head-ach*. By the advice of Dr. *Wilmot*, phyſician to the late king, he was directed to the temperate Bath at *Buxton*, and to drink the waters, with both which he complied, without advantage: he afterwards went to *Bath*, but not finding relief there, he returned to *London*, and conſulted me for advice. *May* the 9th, 1763, he began a courſe of the *Liſbon Diet-Drink*. In a few days, it threw out a vaſt quantity of Eruption, and much relieved his Head-ach; his ſtrength and appetite were conſiderably increaſed, and at the end of a month he left off the Medicine.

July the 17th, 1764, his complaint being again very troubleſome, he began the *Diet-Drink*, which relieved him in the ſame manner as before; he now determined to purſue it regularly, being firmly perſuaded it would cure him; accordingly he continued it near two

months, and was at last *cured without any return of the disorder*. He favoured me with a visit, with the Brother of Sir H. H——k, the following winter, being then in high health and spirits, though he was soon after unfortunately killed in a *Duel by Lord B——n, at the Star and Garter in Pall-Mall*.

CASE XXI.

Scorbutic Gout, with Eruptions on the Hands, Arms, and Body.

IN the year 1763, I was consulted for advice by Sir *Abraham Hume*, Bart. in *Hill-street, Berkeley-square*, aged 57, of a habit somewhat corpulent, and subject to the *Gout*. Several years before, the Ligaments of his left knee were violently sprained, which brought on a long-continued lameness, with swellings of the leg from the knee to the ancle. He was advised by Sir *John Pringle* to try the hot-baths at *Aix la Chapelle*; by the use of which, the swelling subsided, and the Leg was almost reduced to its natural size. In the year 1761, the evident symptoms of a confirmed *Scorbutic Gout* appeared, with Eruptions on the same Leg, and acute darting pains; for which he took a *decoction of sarsaparilla*, with a *solution of sublimate*, which he was told was the *Lisbon Diet-Drink*; but this medicine *destroyed his appetite, and brought on violent pains in his bowels*, with a *Jaundice*; his Leg also growing worse, he left

it

it off, went to *Harrowgate* to drink the waters, and returned much recovered. Next year he returned to *Harrowgate*, but without the ſame relief; his Leg broke out with *deep ſcorbutic ſores*, which overſpread the *Hands* and *Arms*. His appetite left him, his quantity of urine was ſmall, and high-coloured; he was thirſty and feveriſh, and a vaſt degree of *ſwelling* appeared on his legs and thighs, indicating an approaching *Dropſy*.

May the 18th, 1763, he began a courſe of the *Liſbon Diet-Drink*, during which I recommended to him the uſe of the temperate bath; by the continuance of this Medicine, which kept him laxative, and promoted the *urinary diſcharge*, which before had been conſiderably diminiſhed; his appetite was reſtored, the dropſical ſwelling and tenſion of his Legs and Thighs abated, the *yellowneſs of his ſkin diſappeared*, and, in leſs than two months, the *ſcorbutic ſores* were perfectly healed.

*** *This Gentleman obligingly favoured me with the particulars of his caſe from his own mouth; and after I had thus drawn it up, and ſhewn it to him, he deſired I would publiſh it, for the benefit of others.*

CASE

CASE XXII.

Rheumatism, with hollow Ulcer on the Knee, and Enlargement of the Joint, tending to a White Swelling.

SEPTEMBER the 9th, 1763, I was ſent for to viſit Mrs. *Beard*, of *Trinity-lane*, in the city; ſhe had for a long time been afflicted with a *ſwelling* on her knee, attended with great pain, inflammation, and lameneſs: The ſkin upon the knee-pan was perforated with a number of *ſmall holes*, or deep *ulcerous ſores*, *like a honeycomb*; the diſeaſed ſkin was hollow underneath, and diſcharged a ſharp ichorous humour, which excoriated the ſurrounding parts. She had the advice and aſſiſtance of Mr. *Pott*, who, from the great enlargement of the joint, ſuſpected the bones to be affected, and that the complaint would end in a *white ſwelling*, which would endanger the loſs of her limb.

She had been ill and lame for twelve months. The *Hemlock Poultice* had been applied, and many medicines adminiſtered, without effect.

Mr. *Oborn*, of *Clerkenwell*, her Apothecary, obſerving her every day growing worſe, adviſed her to take the *Diet-Drink*, having ſeen the extraordinary cure it effected in the *ſixth caſe*. She began with the *Medicine*, and continued it with great regularity. In three weeks the ſores looked cleaner, the pain and inflammation were conſiderably abated, and, as ſhe went on with it,

it, the ſwelling of the joint ſubſided; the *ſores* afforded a good digeſtion, and in ſix weeks were perfectly healed, without any relapſe: Her habit of body was alſo much changed for the better, and her complexion, which before was *ſallow* and *bilious*, became *freſh*, *clear*, and *healthy*. In ſhort, her health was perfectly eſtabliſhed by the *Diet-Drink*, which alſo *freed her from the Rheumatiſm*, to which ſhe formerly had been ſubject; *for confirmation of all which I have the liberty of referring to Mrs. Beard.*

CASE XXIII.

Conſumption, or Venereal Atrophy, with Hectic Fever, and Eruptions on the Body.

A Young Gentleman in the *Royal Navy*, aged twenty-five, applied to me for the cure of a *branny Eruption* on the ſkin, proceeding from an *old venereal cauſe*; his Lungs were weak, and his aſpect pale, being exceedingly emaciated, and enfeebled by a *pocky hectic*, with *night ſweats*, and *Diarrhœa*, which had waſted him to a ſkeleton; and indeed (by the patient's own account) it appeared, that his conſtitution had ſuffered more from the immoderate uſe of *Mercury*, and the prepoſterous exhibition of *ſtrong purging Medicines*, than from the Diſeaſe itſelf.

January the 22d, 1764, he began to take the *Liſbon Diet-Drink*, which ſoon removed his *Hectic Fever*; in a month the *Eruption* on the ſkin was removed, and his appetite and ſtrength were

were in a great measure restored. At the end of seven weeks he left off the *Medicine*, perfectly cured, without confinement: having near three years after, *viz. November* 17, 1766, received a letter from him in the country, informing me (with the highest expressions of gratitude) that he enjoyed a *fine state of health* ever since his being under my care; that his skin had remained perfectly free from the Eruptions, and that he was grown strong and hearty.

CASE XXIV.

Venereal Eruptions on the Body and Arms.

A Linen-draper in *York-street, Covent-garden*, aged twenty-seven, applied to me; he was much emaciated, and had *broad spreading, copper-coloured spots* on his body and arms; though he had regularly taken *Mercurial Alteratives*, and a *strong decoction of Sarsaparilla*, for several months, from Mr. *Hales*, his *Apothecary*, in *Hill-street, Berkeley-Square*.

April the 17th, 1765, he began the *Diet-Drink*, which *operated gently by stool, and much increased the urinary discharge*; after taking the Medicine a few weeks, his appetite and strength increased, the *copper-coloured* spots began to grow paler, and gradually disappeared. At the end of seven weeks he left off the Medicine *perfectly cured*, and afterwards settled in the country, where he has since continued in perfect health, and from thence recommended two patients to my care.

CASE

CASE XXV.

Venereal Conſumption.

A Gentleman in *London*, at the requeſt of his friend, (a *perſon of diſtinction*, then at *Paris*,) and from whom he had juſt received a Letter, with a ſtate of his caſe, was deſired to aſk my opinion concerning it.

Soon as he arrived, I viſited him in *York Buildings*, and found his caſe nearly as it had been repreſented by his friend. He had no venereal ſymptom, except a gonorrhœa, which ſeemed rather to ariſe from weakneſs and relaxation, than any remaining *Virus*.

He was of a delicate habit, and evidently *conſumptive*, having a tightneſs and oppreſſion acroſs his breaſt, with *weak ulcerated lungs*, from which he had formerly ſpit *purulent matter mixed with Blood*. The Phyſicians of *Montpelier*, where he had been adviſed to go for the recovery of his health, aſcribed his complaints to a *latent venereal cauſe*, and looked upon his caſe as a *true venereal, pulmonary conſumption*; finding no relief there, he went to *Paris*, and from thence ſet out for *London*, with intention perſonally to conſult me, and to take the *Liſbon Diet-Drink*.

April the 21ſt, 1766, he began to take that Medicine, which he regularly purſued for the ſpace of a month, during which the gleet diſappeared, the complaint of his Breaſt was much relieved,

relieved, and his ſtrength and appetite were reſtored. He ſet out for *Briſtol* ſoon after, by my advice, and at his return to *London*, was pleaſed to honour me with a viſit, and informed me, he was *perfectly cured*.

CASE XXVI.

Female Weakneſs, or Fluor Albus, with tetterous Eruptions on the Head, and ulcerous Sores behind the Ears.

A Merchant's Lady near *Aldermanbury*, of lax fibres, and delicate conſtitution, applied to me for advice: ſhe had long been troubled with *Fluor Albus*, *ſcurfy tetterous Eruptions* on her head, and *ulcerous running ſores* behind her ears. I preſcribed her the *Diet-Drink*, with which ſhe began the 8th of *May*, 1766; it promoted a plentiful ſecretion of urine, and proved gently laxative. In ſix weeks the ulceration behind her ears was healed, her head was clear of the *tetterous Eruptions*, and the *Fluor Albus* was totally taken away.

CASE XXVII.

Scorbutic Gout, with virtigo, or giddineſs of the Head, as drawn up by the Patient, Col. Sk——y.

IN the beginning of *May*, 1766, I was ſuddenly ſeized with a violent ſwimming in my head, which continued near an hour, and in ſuch

ſuch a manner as to make me reel like one that was drunk. *January* 7th, 1767, I was again ſo violently ſeized with it, as to fall, and every thing ſeemed to turn round; it laſted but a little time, but left me very weak. I applied for advice, and was ordered *Bark*, *Valerian*, and other Medicines; but with little effect, for I was again attacked ſtill more violently in *January*, 1768. In *February*, it attacked me again, and weakened my whole frame ſo much, that I have never ſince had my health as uſual. In the month of *September*, I was ordered ſea-bathing, by which I found ſome little benefit. My ſtomach, however, was bad and foul, which obliged me to take frequent *vomits*; at leaſt every three weeks. I had great wearineſs and inactivity in my limbs, like one tired with hard Exerciſe. My *fingers would ſometimes ſwell, and my nails turn black*, after which they would *look yellow*, and the ſkin peel off: when the complaint ſettled in my fingers, my head was perfectly ſtrong and clear, and I was remarkably well in health. I have all my life been ſubject to *ſharpneſs in my blood*, and inflammation in my eyes, with Eruptions on my Head; for which I had an iſſue cut, but with very little benefit. All the Phyſicians agree, that my diſorder proceeds from a *Humor in my blood*, but differ in opinion as to its nature: ſome call it *Rheumatic*, others, *Scorbutic Gout*.

In *December*, 1762, Col. Sk——y began a courſe of *Liſbon Diet-Drink*, and about three weeks

weeks after, I received a letter dated 11th of *January*, 1770; of which the following is a copy, *verbatim*.

" Dear Sir,

" I am so much better that I begin to hope " the *Diet-Drink* will prevent a return of my " Disorder, without the *Caustic*; I therefore " have not applied it. The usual period of its " return is elapsed, and, if I continue a few " days longer to escape it, shall have no doubt " of the efficacy of the Medicine. I will add, " if it makes a Cure of me, it will redound " greatly to its credit, as my case was of *four* " *years standing*, and I had taken various Me- " dicines to no purpose. I shall be happy to " do you all justice, and on every occasion to " approve myself, &c."

CASE XXVIII.

Habitual scorbutic Head-ach, and Inflammation of the Eyes.

MR. Carr, a gentleman from *Leeds*, of a *consumptive, bilious habit*, who had himself been cured by the *Diet-Drink* the year before, of a complaint arising from an *unsound liver*, attended with *yellow furfuraceous Eruptions* on the skin, brought his wife to *London*, to take the same Medicine. Her habit was thin, and her complexion wan and pale; she had, for upwards of six years, laboured under an *habitual scorbutic*

ſcorbutic Head-ach, attended with ſharp humours and violent inflammation of her Eyes, for which ſhe had taken many Medicines, without any conſiderable effect. *September* the 27th, 1766, ſhe began a courſe of the *Liſbon Diet-Drink*. At that time her Head-ach was exceſſive, and the pain and inflammation of her Eyes ſo violent, that ſhe was not able to bear the leaſt light. In a few days her *Head-ach* was relieved, and, in a fortnight's time, both *that* and the *inflammation* of her Eyes were removed; however, ſhe regularly continued the Medicine for a month, in which time ſhe was perfectly cured. Having the pleaſure of ſeeing her huſband in *London* the year after, he informed me, ſhe continued well, that her *complexion was clear, her habit of body exceedingly changed for the better*, and that ſhe had never, for many years paſt, enjoyed ſuch an uninterrupted ſtate of health.

CASE XXIX.

Stricture in the Urethra, and Obſtruction of Urine from an old venereal cauſe.

MR. R——n, commander of a *Weſt-India* ſhip, was recommended to me by Mr. *Lovelace*, who had himſelf experienced the good effects of the *Liſbon Diet-Drink*. He had long laboured under an obſtinate and painful obſtruction of urine, from *a venereal cauſe*, for which he had worn *Bougies*; and, notwithſtanding he had been liberally plied with *Mercurials*, and

taken many other Medicines, he was apprehenſive the Diſeaſe was not eradicated, as the ſymptoms did not abate. From the continuance of his diſorder, and anxiety of mind, his conſtitution was much reduced, having almoſt given up the hopes of cure. *October* the 8th, 1768, he began the *Diet-Drink*, and was *perfectly cured in one month.*

CASE XXX.

Inflammation of the Eyes, from a Defluxion of ſharp Rheum.

MR. Heighway, a gentleman of fortune, formerly an Officer in the Horſe-Guards, was recommended to me by Mr. *Hales*, Apothecary, in *Hill-ſtreet, Berkeley-ſquare*, for a complaint in his Eyes, for which he had taken many Medicines, and applied a variety of *Lotions* and *Eye-Waters*. He was ſubject to an acute Headach; his Eyes were ſo painful and bloodſhot, that the leaſt light was intolerable, and his ſight greatly impaired.

After I had directed him to be blooded, he began the *Diet-Drink, December* 21ſt, 1768, and in ſix weeks was perfectly cured, without any relapſe. The Medicine *kept him laxative*, and *increaſed the urinary diſcharge.*

CASE

CASE XXXI.

Venereal Conſumption, with a diſeaſed Liver.

MR. W—bb, a Merchant, in *London*, from an old *venereal cauſe* of many years ſtanding, and the *abuſe of Mercury*, was reduced to the laſt degree of bodily weakneſs, with great *dejection of ſpirits*, and a deſponding melancholy ſtate of mind. He had taken *decoctions of ſarſaparilla with ſublimate*, tried the ſalt-water and ſea-bathing at Margate, and after his return from thence, by the direction of his Apothecary at *Uxbridge*, he took the *Peruvian Bark and Valerian* in draughts, thrice a day, for ſeven weeks, but with little relief. *Had the Liſbon Diet-Drink been continued half as long, and with no better effect, I preſume the Apothecary would have thought it high time for the patient to have left it off.*

His countenance was pale, and tinged with a yellow hue: He had an indolent pain in the region of his *Liver*, with *ſwelled Legs*, a *ſlow Fever*, *Thirſt*, and *loſs of appetite*. *February* 10th, 1770, he began the *Liſbon Diet-Drink*, which he found ſoft and friendly to his ſtomach and bowels. It kept him *gently laxative*, and very much increaſed the *quantity of his urine*; the pain in his ſide, and ſwelling of his legs ſenſibly abated, as alſo his Thirſt and Fever. After taking the Medicine a fortnight, he found his appetite much better, and gradually gained

ſtrength and ſpirits. Being now firmly perſuaded he ſhould obtain a cure, he regularly continued the medicine for the ſpace of *two months, and was then perfectly reſtored to health*, which he has ſince continued to enjoy without interruption.

CASE XXXII.

A Fiſtula in the Corner of the Eye, hollow Ulcer in the Forehead, with a Caries or Decay of the ſubjacent Bone.

MR. W—rd, Lieutenant of a King's ſhip, had, for ſeveral years, laboured under the above complaints, from an *old venereal cauſe*, for which he had taken large quantities of *Mercury, decoctions of the woods*, &c. but, by his own account, had lived a very irregular and intemperate life. That Eye contiguous to the Fiſtula was greatly inflamed, and the ſight much impaired. *Sanious matter* iſſued from the hollow Ulcer on his Forehead; and, from the oily offenſive diſcharge, there was reaſon to believe the *Bone underneath was decayed.*

He began the *Diet-Drink*, *November* 12th, 1770, and continued it for upwards of a month, with great amendment to his general habit of body, and an abatement of all the ſymptoms. For his greater ſecurity he repeated his courſe of the Medicine ſome time after, and then appeared to be *perfectly cured:* As he did not again

again apply to me, I am inclined to think he had no relapſe, but of this I am not certain.

CASE XXXIII.

A fixed Pain and flatulent Swelling in the Stomach, with Indigeſtion, and general Weakneſs of the Body.

MR. Birkes, a Sadler in the *Hay-market*, for upwards of *four years* had been ſubject to the above diſorders; for which, almoſt every ſeaſon, he took *ſalt water*, and bathed in the Sea. He had alſo been at *Bath*, and drank the water with conſiderable relief; but, before he applied to me, the *pain and oppreſſion at his ſtomach* returned, attended with *Wind and Indigeſtion*, a daily loſs of fleſh and bodily ſtrength, and a pale ſickly aſpect.

September 21ſt, 1771, he began with the *Diet-Drink*, which *removed the pain and wind at his ſtomach*, and at laſt reſtored him to health, being at this time ſtrong, healthy, and perfectly free from all his former complaints.

CASE XXXIV.

Glandular Swellings, and Cancerous Sores of the Neck.

MRS. Wiſdem, of *Barnet*, a married lady, of a thin and very delicate habit of body, aged forty-ſix, after the diſappearance of the periodical diſcharge, was ſuddenly affected with

acute pain under her ſhort ribs, which darted upwards, and, fixing in her neck, produced a *glandular ſwelling* which gradually increaſed to the ſize of a large walnut, attended with ſoreneſs, and a crimſon-coloured inflammation of the ſkin. By the uſe of poultices, the ſwelling ſuppurated, and being opened by the lancet afterwards healed.

Soon after, another large *Kernel* broke, like the former. In this manner *five of the glands of the neck* were affected with pain and ſwelling, and *impoſthumated*. When ſhe applied to me, the ſores had a *livid, cancerous appearance*, and diſcharged a ſharp, corroding humour, which excoriated the ſurrounding parts; there was alſo one very *large diſeaſed gland* in her neck, which afterwards appeared likely to produce a gathering of matter. Her body was greatly waſted, and ſhe was reduced to the laſt extreme of weakneſs and *deſpondency*.

May 12th, 1772, ſhe began a courſe of *Liſbon Diet-Drink:* It agreed perfectly well with her, kept her *gently laxative*, and *increaſed her quantity of urine*. The large *glandular ſwelling*, which before was painful and likely to ſuppurate, became ſofter, and diſperſed. In about ten days, the running ſores began to look cleaner and digeſt, inſtead of a ſharp, corroſive humour, diſcharging a thick, cream-coloured matter. She continued the *Diet-Drink* upwards of ſix weeks, towards the end of which *the cancerous ſores were all perfectly healed.*

CASE

CASE XXXV.

Nervous Fever, with low Spirits, &c.

CAPTAIN Blake, who commanded a ſhip in the Weſt-India trade, was recommended to me by Mr. *Lovelace*, a wine-merchant in *Briſtol*, from whence he came to *London* to put himſelf under my care. He had long ſuffered much from *anxiety of mind, the liberal uſe of Mercury, and over-fatigue in hot climates.* His ſtrength and appetite were greatly impaired, and his Body much waſted; he had wandering pains in his legs and arms, with ſoreneſs of the fleſhy parts, as if they had been bruiſed, with a *ſlow nervous Fever, and great dejection of ſpirits:* In ſhort, ſuch was his diſorder, that it indicated a *broken conſtitution, and apparent conſumption.*

September 18th, 1774, he began a courſe of *Liſbon Diet-Drink*, which chiefly operated by urine, and in the morning produced a gentle moiſture on his ſkin, when he took the Medicine milk-warm in bed. By degrees, his ſtrength and appetite increaſed, the ſoreneſs of the fleſhy parts, and the pains in his extremities, were much relieved. He regularly continued the Medicine for ſix weeks; in that time his fears *vaniſhed*, his complexion became *freſh and ruddy*; he had a good ſtomach, grew fatter, and, being perfectly well and hearty, left off the Medicine. He called at my houſe a few weeks after, to thank me at taking leave, being then

about to ſail for the *Weſt-Indies*, where he went to reſide, and from whence I had the pleaſure of hearing that he continued in perfect health.

CASE XXXVI.

Scorbutic Itch.

MISS Peat, *London-ſtreet, Fenchurch-ſtreet*, before her return home from boarding-ſchool, broke out, over her legs, arms, and body, with an eruption reſembling an inveterate itch. She was weak, pale, and much waſted in fleſh, often ſick at ſtomach, and had loſt her appetite, ſo that her Relations apprehended ſhe was falling into a *Conſumption*.

Sept. 5th, 1777, ſhe began to take the *Diet-Drink*, which in a month almoſt removed the eruption, and relieved her ſo much in all reſpects, that ſhe was concluded nearly well; when, on taking cold, a ſecond crop of the eruption appeared. As the *Diet-Drink* agreed with her ſtomach, we prevailed on her to continue it for upwards of ſix weeks, and with ſo happy an effect, that at the end of that time the *Eruption totally diſappeared*, without the leaſt return. Her appetite, ſtrength, and *natural complexion*, were then reſtored, and ſhe has ſince enjoyed a ſtate of perfect health.

CASE

CASE XXXVII.

Nervous Atrophy, or Waſting of the Body, with low Spirits, from a latent ſcorbutic Cauſe.

A Lady from the country, of a conſtitution uncommonly delicate, and great ſenſibility, was recommended to me for advice in a complaint of long continuance. She was often affected with palpitation of the heart, a nervous tremor, and ſometimes with hyſteric fits of crying from ſlight accidental cauſes. But the principal reaſon of her diſtreſs aroſe from a *preternatural thickneſs and induration of the ſkin on the palms of her hands*, and inſide of her fingers. *The ſkin was changed to a horny hardneſs*, ſo that when ſhe endeavoured to extend her fingers, it would crack and bleed, and occaſion the moſt painful and diſagreeable ſenſation, eſpecially in cold weather.

Having taken many of the moſt powerful medicines in vain, ſhe ſeemed almoſt entirely to deſpair of a cure.

Sept. 29, 1777, ſhe began a courſe of *Liſbon Diet-Drink*, which agreed with her perfectly well, acting as a *diuretic*, and *gentle laxative*. In a few weeks ſhe was apparently better; the ſkin on the inſide of her hands began to grow more ſoft and flexible, ſo that ſhe could ſtretch out her fingers almoſt to their full extent. She perſevered in the uſe of the *Diet-Drink*, with the utmoſt regularity, and in two months was

perfectly

perfectly cured of her complaint, without the leaſt relapſe; her hands being perfectly ſoft, white, and flexible, and *her complexion freſh and clear*; *for confirmation of which, I have the Lady's permiſſion of making reference.*

She was uncommonly attentive to whatever I propoſed, and regarded the rules laid down for her regimen with the moſt ſcrupulous caution, which very much increaſed my ſolicitude and anxiety for her recovery.

CASE XXXVIII.

Impotency, and broken Conſtitution.

A Middle-aged, married Gentleman, recommended to my care; by intemperance, and a frequent diſcharge of blood from the Piles, was greatly emaciated and reduced. He laboured under every ſymptom which indicated an impoveriſhed blood, and *broken conſtitution.* He found his ſtrength daily waſting, being ſo enervated and *impotent*, that he was totally *incapable of all venereal intercourſe.*

December 14, 1778, he began to take the *Liſbon Diet-Drink*, and in one month his ſtrength and *natural vigor* was reſtored, being now in good health and ſpirits; which I have no doubt he will enjoy, as long as he thinks proper to continue *temperate.*

CASE

CASE XXXIX.

Scrophula, or King's Evil.

MASTER Lee, of *Queen-ſtreet, Cheapſide*, was for a long time affected with a *ſcrophulous ſwelling under his chin, and an ulcer in his throat*, by which he loſt his voice, and could only ſpeak in whiſpers. He had alſo a *fiſtula lacrymalis*, diſcharging a thin, corroſive humour, which trickled down his cheek, and excoriated the ſurrounding parts. Though he was attended by an eminent Surgeon, and had taken many medicines, the ſore did not diſcover any tendency to heal. He was much waſted, and reduced in ſtrength.

May the 4th, 1779, I was conſulted for advice by his parents, who put him under my care. A few days after, he began a courſe of *Liſbon Diet-Drink*, which did not in the leaſt diſturb his ſtomach, but generally procured him *two lax motions each day, with a very copious diſcharge of urine*. In a few days he began to eat, and ſleep better; and, notwithſtanding the conſtant evacuations by *urine and ſtool*, his ſtrength manifeſtly increaſed, his eyes were more lively, and *his complexion, which before was ſallow and pale, became florid and healthy*.

After the firſt three weeks, the ſoreneſs of his throat abated daily, the *ulcer healed*, and with a little exertion, he could ſpeak with his natural voice. The *fiſtula* at the inner corner of his

eye

eye was now much leſs inflamed, and, inſtead of a ſharp thin humour, diſcharged a well-digeſted cream-coloured matter. In five weeks, *without any external application, it healed firm and ſound from the bottom*, and ſo remains to the preſent time. For his greater ſecurity the *Diet-Drink* was continued a fortnight, and he happily obtained a *perfect cure*.

CASE XL.

Debility, or Impotency.

A Gentleman near *Groſvenor-ſquare*, by the recommendation of *Brice Fiſher*, Eſq. applied to me. Though not in ill health, he was *wholly impotent*. The ſubject is too delicate for particulars. He took the *Diet-Drink* near ſix weeks, by the uſe of which his diſorder entirely went off, as well as thoſe faint ſweats with which he was ſometimes troubled, eſpecially when he reflected on his irkſome ſituation. This gentleman, by his own account, always lived a temperate life, but had, at different times, been very free with the *uſe of Mercury*, and other violent Medicines.

CASE XLI.

Female Weakneſs, with old venereal Reliques, after the immoderate uſe of Mercury.

MRS. H. three years before, was injured by her huſband, who was then dead. She had gone through a *ſalivation*, and afterwards took

took *mercurial alteratives* and *decoction of woods* for ſeveral months. She had a profuſe diſcharge, with violent pains in her back and loins, hectic fever, night-ſweats, and a hiſſing noiſe in her ears; ſhe complained much of *pains upon the ſhin-bones, and acroſs he forehead and noſe*, with a diſagreeable ſenſation of weight. She told me, that, from the diſtreſſing apprehenſions of never being cured, and her *fever and night-ſweats*, ſhe had often been deprived of ſleep for many nights together.

January 25th, 1779, ſhe began a courſe of *Diet-Drink*; but was ſoon interrupted by taking cold, which brought on a ſevere *bloody flux*; however, with much care and difficulty ſhe got over it, and having regained a little ſtrength, by the *bark* and other Medicines, which I directed, ſhe again began the *Diet-Drink*, which ſhe found ſoft, and comfortable to her ſtomach and bowels. By intervals, ſhe ſteadily perſevered in the uſe of the Medicine for two months, and in the end obtained a *perfect cure*; being now in good health, and perfectly eaſy in body and mind.

CASE XLII.

Conſumptions or inward Decay, from an obſtinate Fluor Albus.

A Young married lady, in *Oxford-ſtreet*, by the long continuance of a profuſe uterine diſcharge, being much exhauſted, applied to me.

me. Her lungs were apparently weak and tender, ſhe was ſubject to a *cough and oppreſſion at her breaſt*; which, with an *habitual Diarrhœa, night-ſweats, and ſlow fever,* had reduced her to a very languiſhing condition. From the daily waſte of her ſtrength, her relations apprehended there was ſome inward decay, and that without ſpeedy relief ſhe could not long ſurvive.

She began the *Diet-Drink* at her lodgings in *Brompton,* by which, in about a fortnight, her ſtrength and appetite were conſiderably reſtored: the *diarrhœa and night-ſweats abated,* and at the end of five weeks, the uterine diſcharge, with the cough and oppreſſion at her breaſt, went off. To ſtrengthen the *ſolid ſyſtem,* and prevent a relapſe, I directed the *Peruvian bark* with aromatic bitters, and exerciſe on horſeback in a dry, pure air. When I ſaw her laſt. before ſetting out for *Windſor,* ſhe was in perfect health, and ſoon after recommended a patient to my care, who was *dropſical.*

CASE XLIII.

Pimpled Face, with painful Menſtruation, &c. from ſcorbutic Acrimony of the Blood.

A Single Gentlewoman in Weſtminſter, aged thirty-two, had long been troubled with *large pimples, and redneſs of her face and noſe.* She was often ſubject to fits of head-ach, and a defluxion of ſharp rheum upon her eyes, which

which impaired her ſight, and ſo much excoriated her cheeks, that, below the eyes, they had a glaſſy, ſhining appearance, as if they had been varniſhed. For the laſt three years ſhe had tried many Medicines, but found no laſting relief. Her friends informed me ſhe was uncommonly temperate in eating and drinking, and that her chief liquor was toaſt and water, with a little mountain wine.

January 12th, 1779, ſhe entered upon a courſe of the *Liſbon Diet-Drink*, which kept her laxative, and procured a *copious diſcharge of thick urine*, which before had been pale and ſmall in quantity. She found herſelf, as ſhe expreſſed it, more lightſome; her ſpirits were better, and ſhe had no head-ach. In three weeks the ſmarting of her eyes abated, her face was no longer fluſhed with heat, but looked more cool and pale. At the end of the month *the pimples began to ſubſide, and die away*; and in the concluſion ſhe was *perfectly cured*.

CASE XLIV.

Feveriſh offenſive Breath, from Scurvy in the Mouth and Gums; with Palpitation of the Heart, Fluſhings in the Face, &c.

MRS. Jackſon, an Officer's Widow, whoſe huſband died of the wounds he received at *Bunker's-hill*, was ſubject to a *ſharp, muriatic acrimony* in her mouth and gums: ſhe was conſtantly affected with thirſt, and a ſlow, hectic

tic fever; her *legs ſwelled*, and her habit of body was bloated and ſcorbutic. Her nerves were uncommonly ſuſceptible; every thing, which gave her uneaſineſs or ſurpriſe, inſtantly brought on flurry of ſpirits, palpitation of the heart, and fluſhing in her face, from which a thin pellicle, like gold-beater's ſkin, peeled off. She was conſtantly troubled with a diſagreeable, putrid taſte in her mouth, which rendered her *Breath feveriſh and offenſive*.

September 15, 1779, ſhe began to take the *Liſbon Diet-Drink*, which was mild in its operation, and agreeable to her taſte and ſtomach; it kept her *gently laxative, and promoted a plentiful ſecretion of urine*; her thirſt and fever abated, the fluſhings and redneſs of her face were leſs violent, and the diſagreeable, offenſive taſte and dryneſs of her mouth went off; after which her *ſkin became clear, and her breath was reſtored to its natural ſweetneſs*. Though ſhe was prevented from continuing the *Diet-Drink* longer than fourteen or fifteen days, in that ſhort ſpace of time ſhe experienced a very ſalutary and extraordinary change of conſtitution. About four months after, ſhe again repeated her courſe of the Medicine, and was then *perfectly reſtored to health*.

CASE

CASE XLV.

Tetterous Eruptions on the Skin.

A Young Lady of the first distinction had long been afflicted with *tetterous eruptions* on the extremities of her body; and the crown of her head was so thickly covered with a dry, yellowish crust, that her hair was obliged to be cut off.

This complaint had continued about *three years*, although she had taken many medicines of the powerful kind, particularly Sea-water, *decoction of the woods with sarsaparilla*, diet-drinks with *tincture of antimony*, in very large doses, but with so little relief, that her physician signified, her disorder might be palliated, but could *not be cured*.

February, 1781, the Lady began to take *Lisbon Diet-Drink*, which agreed with her stomach perfectly well, and operated as a *diuretic*, and *gentle laxative*. In a fortnight, the eruptions began to look paler, and in a month, many of them totally disappeared. I directed the warm bath, which she used occasionally, and the *Diet-Drink* was continued, with great regularity, for several weeks longer. At the end of the Course, her head was free from eruption, and so little remained upon the skin, that it was with difficulty perceived.—The following summer, she had a slight return of her complaint, which was soon removed by taking the *Extract*; and, on her return to *London*, the course of *Diet-Drink* was again renewed, with uncommon perseverance, by which she happily experienced a *perfect cure*. She re-

 mains

mains free from all eruption; her skin and complexion are *fresh* and *clear*, and at this time, *January* 3d, 1791, she continues in a state of *perfect health*.

CASE XLVI.

Consumption, with bilious Disorders of the Stomach and Bowels.

A Gentleman of a thin, *bilious*, habit of body, much wasted by *Diarrhœa* and *Night-Sweats*, applied to me for advice.—He had been in the *East-Indies* some years, but was obliged to return to *England* on account of his ill health, which was still rendered worse by anxiety of mind, and quick transitions from cold to a very hot climate. His complexion was *wan* and *sallow*; his *Strength, Appetite, and Digestion were much impaired*, and he was greatly afflicted with *Wind and oppression in his Stomach and Bowels.—April* 17th, 1781, he began to take the *Extract of Diet-Drink*, being then subject to a *profusion of bile*. As this gentleman resided at his Country-House in *Essex*, and not having then an opportunity of seeing me in *London*, he obligingly favoured me with the following particulars, by a Letter dated *June* 20th, 1781. which I have here set down in his own words, viz.—"It is with pleasure I tell you, that I have experienced the *most beneficial effect* from the use of your *Diet-Drink*; my *appetite and digestion being better*, my *skin clearer*, and

and my *bowels ſtronger*, as I judge from being able to eat what I could not venture upon for ſeveral years paſt, without the certainty of a *Diarrhœa*," &c.

CASE XLVII.

Scrophula, or King's Evil.

OCTOBER 26th, 1781, I received a Letter from a Gentleman of the Law at *Tunbridge*, in *Kent*, with the following ſtate of his Daughter's Caſe, viz. "Miſs ——, aged 21, upwards of three years was lame in her right hip, attended with great pain in her right knee, but without any ſwelling or uncommon external appearance.— In *June*, 1779, ſhe uſed *Sea-bathing*, but it did not relieve her lameneſs; for, from that time to this, ſhe has been obliged to walk with a ſtick and crutch. Some time after, a ſmall ſwelling was diſcovered on the outſide of her right thigh, which continued in the ſame ſtate a great while. *September*, 1780, ſhe had the advice of an eminent *Hoſpital-Surgeon*, who directed fomentations, and a warm gum plaſter. In *March*, the ſwelling was opened, and diſcharged a thin matter. Finding her very low and weak, the Surgeon ordered the *Bark*, and ſhewed her how to ſqueeze the matter from the top of her thigh to come out at the wound.— From this time ſhe ſeemed to recover, till our country Surgeon, who dreſſed the wound daily, poured too large a quantity of red *mercurial*

precipitate into it, which *ſalivated her*; ſince that ſhe has never been well.—She has taken the *Peruvian Bark*, and a *Diet-Drink made with Lime Water*, by turns; but without benefit from either.

My Daughter is now reduced ſo *low and weak*, by this continual diſcharge, that ſhe is unable to come to town for your advice.—She has alſo, for three weeks paſt, ſomething of the *ſame diſorder in her noſe and head*, attended with a great diſcharge from thence. She is, Sir, recommended to you by Mrs. *Beard*,* and Mr. H—r, of *Cheapſide*, both of whom, I underſtand, have taken the *Liſbon Diet-Drink*, under your care, with a good effect."

This is a ſtate of the Lady's Caſe almoſt *verbatim*, as I received it; and in this languiſhing condition, *November* 1ſt, 1781, ſhe began to take the *Extract of Liſbon Diet-Drink*.—*December* 18th, I received a ſecond letter, informing me it agreed with her very well, and that ſhe was conſiderably *recovered in health and ſpirits*; that the appearance of the ſores was changed for the better, and that the Medicine promoted a *gentle perſpiration*, which did not weaken her like the ſweats ſhe had before. *January* 8th, 1781, ſhe was able to come to *London* in a poſt-chaiſe. I found her much recovered in all reſpects; one of the ſores being *perfectly healed*, and the other in a healing ſtate. She was free from pain and fever, had a good

* *The Lady whoſe Caſe is ſet down* xxii.

ſtomach,

ſtomach, and got refreſhing ſleep. She returned into *Kent* a few days after, and continued the Medicine a conſiderable time, ſince which, I am informed, ſhe is in good health.

*** *I received the following Caſe, as drawn up by the Patient, Mr.* Cox. *Attorney at Law.*

CASE XLVIII.

Paralytic Numbneſs of the Head and Jaw, with Inflammation of the Eye, &c.

FOR ſeveral years I have been afflicted with *Rheumatiſm* in my knees and hips; and in *November*, 1781, was attacked with a ſevere pain in my Eye, Cheek-bone, and the whole left ſide of my head, attended with *paralytic numbneſs* of the parts, which continued without intermiſſion for the ſpace of four months. This pain was ſo violent and excruciating as to deprive me of *appetite*, *reſt*, and every comfort of life. To remove it, by advice of the *medical faculty*, I tried *Mercury* in various forms; took *decoctions of the woods*, with and without *Peruvian Bark*; applied *Leeches* to my Temples and Glands, *Bliſters* to my back and head, and had an *Iſſue* made in my Neck: Theſe and many other expedients were uſed in vain; for, my diſorder, all the while, rather increaſed than diminiſhed.

After a trial of country air, for two months to no purpoſe, I returned to *London*, the beginning of *September*, 1782, at which time my Eye was in ſuch a ſtate of pain and inflamma-

tion as to threaten entire *loſs of ſight*; and the ſide of my Head and Jaw were ſo much affected, that I was almoſt unable to open my mouth, and it was with the utmoſt difficulty I could be fed with the ſofteſt ſpoon-meat——I now entirely deſpaired of a cure, and, being ſo much emaciated and reduced in ſtrength, *I looked upon death as inevitable.*

Thus circumſtanced, I was adviſed to conſult Dr. Leake, who then happened to be out of town, but viſited me immediately after his return.——*September* the 8th, 1782, I began a courſe of *Liſbon Diet-Drink*, which produced relief in a ſhort time. It kept me very *gently laxative, and increaſed the urinary diſcharge.* In one week, to my inexpreſſible joy, and the ſurpriſe of my friends, my appetite began to return; the numbneſs and pain to abate, and now allowed me to take comfortable reſt. At the end of a month, the *paralytic numbneſs and pain were entirely gone off*, I could open my mouth with eaſe, had a very good appetite, and was no longer in any fear of loſing my eye. In ſhort, my *ſtrength and ſpirits daily increaſed*, and I experienced a happy and unexpected Cure without any relapſe; being at this time, Feb. 15th, 1791; in perfect health, with the additional happineſs of my eye-ſight being entirely reſtored.

JOSHUA COX,
Attorney at Law, and Veſtry-Clerk to the Pariſh of St. Andrew, Holborn.

Holborn,
Hatton-garden,
Nov. 5th, 1782.

CASE

CASE XLIX.

Scrophula.

A Young Gentleman near *Salisbury*, aged eighteen, of a pale complexion, had *laboured under a scrophulous habit upwards of four years*; he was weak and much exhausted with *night-sweats, and a slow hectic Fever.* Formerly, he had a *Fistula lacrymalis*, which was cured by a Surgeon at *Dorchester.* The *axillary and parotid Glands were much enlarged and some of them ulcerated.* He had also a large *painful Tumor* in his left side, which broke and discharged matter.

In *August*, 1785, he took the EXTRACT, and continued it, by intervals, for several weeks; after which, the *diseased Glands gradually diminished, the sores yielded a better matter, and began to heal*; he had a good appetite, gained strength, and, respecting his general habit of body, appeared in good health.

CASE L.

Venereal Consumption, with a diseased Liver, dropsical Symptoms, and ulcerous Sores on the Legs.

A West-India Gentleman of fortune, middle-aged, of a bilious constitution, applied to me for advice. He had lived intemperately, and suffered much from *repeated venereal infection, and the immoderate use of Mercury*; he was *much*

emaciated, and apparently consumptive. He had an indolent, *deep-seated pain in his right side,* with a defect of the urinary discharge; *great thirst, slow fever, and dejection of spirits.* His skin was sallow, and upon his legs which were *swelled,* he had several *ulcerous sores,* which discharged a sharp corrosive humor. His appetite failed, and he got but little rest at night, occasioned by the pain of the sores, and uneasiness of mind. *August* the 3d, 1785, he began a course of *Lisbon Diet-Drink,* which was regularly continued upwards of two months. It kept him *laxative,* and *increased the secretion of urine:* After taking the Medicine about a fortnight, his thirst and fever abated; he eat with a tolerable appetite, and began to be in better spirits. Towards the end of his Course, the pain in his side, and swelling of his legs entirely went off, and *all the ulcerous sores healed.*—He took the *Diet-Drink* the ensuing autumn, and is now (*January* 3d, 1791,) in *perfect health, and good spirits.*

CASE

CASE LI.

Confirmed Lues, of ten years ſtanding *complicated with* Scrophula.

The following Caſe of Robert Cooke, Eſq. was drawn up at his own deſire, by his Apothecary, Mr. Findlow, of George-ſtreet, Blackfriers.

ROBERT COOKE, Eſq. had been afflicted, for *ten years* paſt, with the general ſymptoms of a *confirmed Lues*, which were occaſionally mitigated by the uſe of Mercury in various forms.

Suſpicions of a *ſcrophulous taint* inherent in his conſtitution, and co-operating with the *venereal virus*, gave riſe to various opinions concerning the real nature of his caſe.

According to the ſtate of the ſymptoms, he had, at different times, gone through the uſual *courſes of Mercury* and *ſea-bathing*, and ſteadily purſued the different kinds of Diet judged neceſſary to favour the operation of the Medicines adminiſtered.

Theſe afforded him only temporary relief; in hopes, therefore, of obtaining a radical cure, he was induced to try the effect of the *vapour-baths at Chelſea*, which, for a ſhort time, removed his complaint; but, the old ſymptoms ſoon returning, and his conſtitution viſibly decaying, he was adviſed by his Phyſicians to try the effect of a warmer climate.

On

On his arrival at *Gibraltar*, he ſoon found ſenſible relief from the benign influence of the air; but, his relaxed ſyſtem being farther debilitated by the warmth of the climate, ſymptoms of an alarming nature ſoon appeared, and marked the true ſtate of his diſeaſe beyond the poſſibility of doubt.

The exquiſite *nocturnal pains* affecting the bones of his legs and arms, but more eſpecially the *cranium*, accompanied with the moſt *excruciating head-ach*, attended with formation of matter, and *carious exfoliations from the bones of the forehead*, evidently ſhewed that his caſe was moſt *inveterately venereal*.

He had again recourſe to Mercury externally applied, with the *decoction of ſarſaparilla and mezerion*, to which was occaſionally added Bark, Port Wine, and a generous Diet. During the ſeverity of the pain, he took *Laudanum, to the amount of half an ounce a day*, which is more than ten times the uſual doſe; and that was found abſolutely neceſſary to procure eaſe and ſleep. From this courſe he experienced conſiderable relief, and ſoon after returned to *England*, and arrived at *London* in the month of *July*, 1785, when his rooted diſorder again put on its old appearance.

He had now exquiſite *nocturnal pains in his ſhinbones*, knees, arms, and head; and on the right ſide of the laſt, were ſeveral ſmall *ſordid ulcers*; alſo a *ſwelling of the right leg*, attended with violent

violent pain and *rigidity of the muſcles*, for which his Phyſicians abroad had recommended mercurial frictions, emollient fomentations, and the vapour-bath. A total loſs of ſtrength, and *frequent faintings, with convulſions, and dejection of ſpirits*, now enſued, attended with a univerſal waſting of the body; and at this time he took *ſeven grains of opium each day*.

It appeared to his Apothecary, Mr. *Findlow*, that whatever could have been expected from Mercury had been done; he therefore recommended him to try the effect of *Liſbon Diet-Drink*, and to put himſelf under Dr. *Leake's* direction, which he accordingly did. After having taken the medicine fourteen days, his appetite began to return; his pains, though ſevere, were leſs frequent, and his ſtrength was evidently increaſing. The quantity of *opium*, by Dr. *Leake's* direction, was leſſened by degrees, and at the end of two months he found himſelf better than he had been for ſeveral years before. At this time (28th of *Sept.* 1786,) the venereal ſymptoms totally diſappeared; his ſtrength and appetite are good, his legs, which before were much waſted, are increaſed to their natural ſize, and the reſt of his body in the ſame proportion. His complexion, from being *ſallow*, is now *florid*, and his conſtitution is ſo amazingly improved, that he has every reaſon to believe his health is *perfectly eſtabliſhed*.

CASE

CASE LII.

Scrophulous glandular ſwelling of the neck, and a ſore throat, with enlargement and ulceration of the joints.

A Brewer in the Borough of Southwark, of a middle age, and bad habit of body, April 7th, 1787, applied to me for advice for the above complaints, which appeared to be *hæreditary*, and for which he had taken various medicines and uſed many ineffectual means.

From a painful ſwelling on the joint of his knee he was extremely lame. Mr. *Pott*, who attended him, and afterwards another eminent ſurgeon, were of opinion, from the great enlargement of the joint, that the bone was affected, and that it was in reality a *white ſwelling*. He had a livid Tumor on the lower part of his right wriſt, which was manifeſtly *ſcrophulous*, and ſeemed likely to break. The glands of his neck were painful and enlarged, and his *throat was ſore* attended with *ſlow Fever*, but I did not perceive any ulceration.

He began a courſe of the *Extract* and took it regularly for ſix weeks. He informed me it kept him *laxative* and abated his fever; towards the morning his ſkin was more ſoft, and he generally perſpired more freely than uſual.

At

At the end of five weeks the *Tumor* on his wriſt entirely diſperſed, and the joint of his knee being more flexible, he could bend it a little more, and was not ſo lame; this alteration for the better, encouraged him to proceed with the medicine which therefore he took for one month more.

A few weeks after his courſe was ended, he called on me with great abatement of all his complaints. The ſwelling on the joint of his knee was much diminiſhed, and with very little pain he could walk an eaſy, moderate pace; in ſhort, to uſe his own words, "*he was all but well.*" Knowing the obſtinacy of ſuch habitual diſeaſes, where their very eſſence, from an *hæreditary cauſe*, is diffuſed through the conſtitution, I deſired he would perſevere in his courſe of medicine; but, although he was in good circumſtances, he complained of the expence; and, as I perceived, he preferred his money to the recovery of his health, I adviſed him to drink ſalt-water at Margate and bathe in the ſea, and was not deſirous of ſeeing him any more.

CASE

CASE LIII.

Ulcer and dropſical ſwelling of the Leg, &c.

MR. E——m, of Snow-hill, Holborn, aged ſeventy-ſeven, applied to me with a deep, ſordid ulcer on the inſide of the right leg, attended with much pain, inflammation, dropſical ſwelling of the ſurrounding parts, and a conſiderable degree of fever. October 16th, 1787, he began a courſe of the *Extract*, which was continued two months. The pain and inflammation abated, and the ulcer was reduced to a ſmall ſize: Though, at this time, Feb. 15th, 1791, he is upwards of eighty years of age, he is hearty and well, has a good appetite, and refreſhing ſleep.

I adviſed him, at ſo late a period of life, not to let the ulcer entirely cloſe, but to convert it into an iſſue.

CASE

CASE LIV. *of* J. P.

Sept. 6th, 1789.

The following inveterate Case of eight years *continuance was drawn up by the Patient, as it now stands, and is published by his desire; with permission to refer to the testimony of* Mr. Wm. Taylor, at his house, No. 5, in Warwick-court, Newgate-street, *who recommended him to me for advice, and had the satisfaction of being an eye-witness of his cure.*

DECEMBER, 1781, I contracted the venereal Disease. I consulted a Surgeon, who administered Medicines for two months: after having taken a large quantity of Mercury, and purging physic, he pronounced me perfectly cured.

About four months after, a discharge came on, with a swelling in the left testis. Alarmed at this unexpected return of the Disease, I advised with an eminent physician, Dr. Petre, of Lincoln; he immediately ordered a gentle *salivation*, which greatly diminished the quantity of discharge, and reduced the testis to its natural size; but, imprudently taking a journey to *London*, before this process was finished, a violent cold was the consequence, accompanied with an alarming, *ulcerous, sore throat.*

In this dangerous stage of the disease, I went to a very able Surgeon here, *(London)* Mr. *Sharp*,

Sharp, in the *Old Jewry*, from whose assistance I received much benefit.

In the fall of 1783, I took a voyage to *America*, by the advice of the faculty, and consent of my friends, hoping that a long sea-voyage, and change of climate, would tend to re-establish my health; but in this I was much disappointed. On my arrival at *Philadelphia*, I consulted some of the ablest Physicians in that city, who were of opinion they could render me no service: However, I continued there two years; but, not finding myself any better, I resolved to return to *England*. The disorder had, by this time, greatly undermined my constitution, being very much emaciated, and afflicted with *nocturnal pains in my shin-bones, particularly when warm in bed*. In this deplorable state, I despaired of any relief from Medicine and found myself sinking apace.

A friend of mine now advised me to consult Dr. Leake, and recommended the *Lisbon Diet-Drink*, with which I began *February* 18th, 1788. Having taken it ten or twelve days, I found a visible change in my health. The pains in my legs were considerably abated; my sleep was more refreshing; my appetite much better, and my complexion, which was before very pale and sallow, began to have its natural colour; and, after taking this *Diet-Drink* six weeks longer, I was restored from a death-like state, to perfect health, which I now enjoy.

Warwick Court,
Jan. 17*th*, 1791.

CASE

CASE LV.

Conſumption.

A Tradeſman of *Old-ſtreet-ſquare, St. Luke's,* aged 40 years, 1789, applied to me for advice, with the following *conſumptive ſymptoms.*—For a long time, he had been ſubject to weight and *oppreſſion at his breaſt and lungs,* with violent *cough,* ſo inceſſant as to deprive him of ſleep, and greatly to waſte his ſtrength. He had a *ſore throat, with ſwelling and inflammation of the tonſil glands*; he breathed with great difficulty, and expectorated a tough, yellow ſubſtance, which he compared to *boiled leather.* Apprehending his Caſe *venereal,* his apothecary gave him *Plenck's Solution of Mercury,* for five weeks, which produced a *ſalivation,* and confined him upwards of a month. He was not relieved, as he expected, but, on the contrary, was reduced to extreme weakneſs, and all his complaints were aggravated and changed for the worſe. He was now afflicted with a *ſwelling at his ſtomach,* and a *bilious complaint,* from which he was never free, till after taking the *Extract of Liſbon Diet-Drink.* He began with the medicine about the middle of *November* laſt, 1789, which kept him gently *laxative,* and increaſed the urinary diſcharge. His *cough began to abate,* a few days after taking it, with

 the

the weight and *oppreſſion of his lungs*, his *ſore throat*, and inflammation of the tonſil glands alſo diſappeared by degrees; and at this time, the 20th of *December*, 1790, he is in *perfect health*.

CASE LVI.

Scorbutic Raſh.

IN the ſummer of the year 1789, as near as I can remember; —— S—ds, Eſq. of Red-lion-ſquare, was recommended to me by a gentleman who had taken the Diet-Drink.—He was affected with a troubleſome eruption on different part of his body, like what is called *Scorbutic Itch*. When warm with walking, or in bed, the itching of his ſkin was ſo intolerable as to deprive him of ſleep. In other reſpects he ſeemed ſtrong and in good health.

He took the Diet-Drink one month, and afterwards went out of town to *Newmarket*, which prevented me from ſeeing him, but I am informed by the gentleman who recommended him to me, that the Diet-Drink removed his diſorder, from which he has ſince been perfectly free.

CASE

CASE LVII.

Conſumption.

The Caſe of Wm M——, Eſq. of Harley-ſtreet, as drawn up by himſelf.

IN the month of March, 1790, I got a very violent cold, which ſettled in the left teſtis, and cauſed it to ſwell to an enormous ſize, attended with violent pains through the muſcles of the thigh as low as the knee, and as far upwards as the hip. Having been a conſiderable time in the *Eaſt Indies*, my health was much impaired, and my bodily habit ſo much waſted by the heat of the climate, as well as anxiety of mind, that I was unable to walk without aſſiſtance, or to ſit in a chair without pillows, ſo that my friends apprehended I was in a deep *Conſumption*.

My complexion was pale and ſickly, and my appetite ſo weak, that the ſight of animal food became hateful to me. In Sep. 1790, I was adviſed to take Dr. Leake's opinion, by a gentleman who had been cured by the *Liſbon Diet-Drink*, under his direction; this I accordingly did; and ſoon after began a

courſe of the *Diet-Drink*, and for the ſpace of ten days lived chiefly upon dry biſcuit and that drink, which I found *ſoft and nouriſhing*; my appetite then began to return, and by degrees I regained my fleſh and ſtrength.

About the beginning of October the efficacy of the Diet-Drink ſhewed itſelf very plainly, for, from that date, the *diſeaſed part daily appeared to diminiſh.* I continued the Diet-Drink two months, and then, by Dr. Leake's advice, left it off for a month, and afterwards took it for one month more.

February 17th, 1791, I have a better appetite than for twelve years paſt, and am grown fat; I get refreſhing ſleep; my complexion is become freſh and clear, compared to what it was before, and I now enjoy a ſtate of perfect health.

†‡† For a confirmation of the above particulars, I have leave to refer to Mr. M. and to Thomas Macgwire, Eſq. of Wimpole-ſtreet, Cavendiſh-ſquare, who ſaw the good effects of the *Diet-Drink*.

CASE

CASE LVIII.

Red, pimpled Face.

THOMAS WILTON, Esq. near the Devizes, had, for ten years or more, been troubled with clusters of large, *red pustles or pimples, on his face*, chin, and neck, some of which contained a small quantity of matter, like those of the small-pox; by which Disease, his physician informed him, his complaint would probably either be much relieved or wholly removed: The event, however, was different, for, after having had the *small-pox*, the redness and eruption upon his face remained nearly the same as before. Apprehending, therefore, his complaint was not local, but that it arose from *scorbutic acrimony*, or sharpness of the blood; March 3d, 1790, he began a course of the *Extract of Lisbon Diet-Drink*, which in a few weeks removed the pimples and redness of his face, with great amendment of his strength and general habit of body. His complexion became more clear and healthy, and now, February 9th, 1791, he verbally informs me, that other chronic ailments to which he had before been subject, are also entirely gone off.

Mr. *Clare*, an eminent Surgeon at the *Devizes*, attended him when he took the Extract, and saw its effect.

CASE LIX.

Chronic Rheumatiſm.

A Farmer at *Hythe, in Kent*, had long been affected with an obſtinate *chronic Rheumatiſm*, attended with great pain, fever, and want of his natural reſt. June the 12th, 1790, he began acourſe of the *Extract*, which, as appears by his Letter in my poſſeſſion, abated his pains in a few days, and at laſt entirely removed his complaint, for which he had taken many medicines without effect. His brother-in-law, by his recommendation, ſoon after applied for the Extract, but I was not acquainted with the nature of his diſorder.

CASE LX.

Inflammation of the Eyes, with preternatural redneſs, and pimples on the Face.

A TRADESMAN near Charing-croſs, applied to me on account of *redneſs in his Face*, to which he had been ſubject for *four years*. He had *large pimples* and eruptions, or unequal, *livid bumps* on the chin and lower part of his face,

face, which occaſioned much pain and inconvenience in ſhaving: His eyes were alſo affected with *ſharp Rheum* which impaired his ſight, and ſo much *inflamed his eye-lid as to bring off his Eye-laſhes*, and produce that unſeemly appearance, which is generally ſuppoſed to partake of a *ſcrophulous taint*, called the *blear eye*. For this diſorder he had taken *Sulphur*, *Decoction of the Woods* and many other medicines, to no purpoſe.

June the 30th, 1790, he began a courſe of the *Extract of Liſbon Diet-Drink*, and continued it for ſix weeks; by which the *pimples and redneſs of his Face*, as well as the inflammation and itching of his eye-lids were removed; the eye-laſhes were alſo reſtored, and the livid, diſcoloured places where the eruptions had been, totally diſappeared.

January 15th, 1791, I receive theſe particulars from his own mouth, and have leave to refer to him for confirmation of them.

CASE LXI.

Dropſical ſwelling of the Legs, with Ulceration, from a ſcorbutic habit of Body, &c.

A Gentleman of *Reading*, in Berkſhire, middle-aged, and of a ſcorbutic habit of body, applied to me for advice, July the 1ſt, 1790. His conſtitution ſeemed to indicate a *ſharp thin blood*, not without ſuſpicion of an old *venereal taint*.

His legs were not only much ſwelled and inflamed, but diſcoloured, of a livid hue, and in many places overſpread with *corroding ulcers*, with callous edges, which diſcharged a thin ſharp humour, and had made ſeveral ſmall holes, which gave the part the appearance of a *honey-comb*.

He took the extract two months and was cured; the ſwelling and inflammation gradually ſubſided, and the ulcerations healed.

The medicine kept him gently *laxative*, and *encreaſed his quantity of urine*.

CASE

CASE LXII.

Venereal Conſumption.

A Gentleman belonging to the India Houſe, was directed to me for advice by Mr. *Parrot* an eminent ſurgon at *Mitcham*, in Surry. When he firſt applied to me in Parliament-ſtreet, Auguſt 12th, 1790, he was unable to get out of his chaiſe without aſſiſtance, and wanted ſtrength to walk up ſtairs.

His body was much waſted, and his countenance ſallow and pale; his Diſeaſe was *inveterately venereal*, for which he had been *twice ſalivated*, under the direction of an eminent ſurgeon in London; but it ſeemed to *bid defiance to Mercury*, and remained unſubdued by the two preceding ſalivations; from which, joined to the *reliques of his malady*, he was greatly emaciated, and reduced to a death-like condition. To alleviate his *nocturnal pains* and procure ſleep, he was obliged to take large doſes of opium, viz. ſixty drops of laudanum for many nights together. Being thought much too weak to undergo a *third ſalivation*, he took ſeveral medicines without much effect, and was therefore ſent to Mitcham for the benefit of air, milk-diet, and exerciſe on horſe-back, which laſt he was unable to bear.

About

About the 14th of Auguſt he began a courſe of the *Extract of Liſbon Diet-Drink*, and in a fortnight's time drove himſelf to town in an open chaiſe from Mitcham. He informed me that he regularly proceeded with the medicine, under Mr. Parrot's direction, and found himſelf daily getting ſtrength and growing better; his *nocturnal pains being ſo much abated, that his Opium was entirely left off.* When his firſt courſe of the *Extract* was finiſhed he entered upon a ſecond; about two months after the concluſion of which, I was favoured with a Letter from Mr. Parrot, informing me, that three weeks before the date of his Letter, my patient was *grown fat*, and went to town *perfectly recovered*; and that I was at liberty to refer to him for a confirmation of the good effects of the Remedy which had reſtored him to health.

CASE

CASE LXIII.

The Case of Mr. Charles Ruberry, *of* Little Sutton, *near* Chiswick, Middlesex, *as drawn up by himself.*

ABOUT April, 1786, I contracted a venereal disease, attended with a shanker, bubo, and gonorrhœa. The bubo was opened by a caustic and healed in about two months, but the gonorrhœa and shankers continued upwards of four months, although *mercury* externally and internally was used the whole time: The mercury thus applied did not salivate, but occasioned profuse sweats attended with much fever, so that my surgeons, Messrs. *Pott* and *Howard* informed me my pulse beat 110 strokes in a minute. I then took a decoction of Bark, with 60 drops of laudanum in the course of the day, to appease the anguish of the wound. Before, as well as after, the bubo healed, my face, body, and legs, broke out in large *copper-coloured spots* which in several places turned to running sores, with large funguses of proud flesh which were touched with blue stone; and precipitate ointment, and blue lint were applied to consume and keep them down. After this severe course, which continued till the following September, the symptoms disappeared; I was concluded well, and therefore left

left off all medicine till the December following; when the diſeaſe returned with great violence, for I was attacked with *nocturnal pains in my ſhin-bones and arms*, which were ſo excruciating that I had ſeldom any reſt at night, and was therefore obliged to get ſleep in the day. At the ſame time a *deep, foul ulcer appeared in my throat*, and the places where the copper-coloured ſpots had been in my face and body, broke out worſe than before, ſo that my face appeared like one in the height of the ſmall-pox. Theſe afflicting ſymptoms were followed by *painful ſwellings in my elbow-joints and knees*, which deprived me of the uſe of my limbs. I was obliged to move with crutches ſupported by an aſſiſtant. I was now deprived of all enjoyment, and began to *deſpair of a cure*. About June, 1787, I grew ſomewhat better and left off medicine till the September following, when the *ulcer in my throat again broke out, with nocturnal pains in my ſhins*: Two *nodes* on my left leg, and one on the right alſo appeared. I continued taking medicines till the ſpring, 1790, being ſometimes better and ſometimes worſe; when I took *Velno's Syrup* which left me as it found me; for in the ſucceeding winter I again relapſed. At this time I was ſtrongly recommended by a friend to try the *Liſbon Diet-Drink*, which he had taken many years before, and never had any return of his complaint.

December,

December, 1790, I was attacked with an intolerable head-ache, without intermiſſion, day or night, ſo as entirely to deprive me of ſleep. I then applied to Dr. Leake for his advice, who put me on a courſe of the *Liſbon Diet-Drink*, which I began to take December 22d, 1790. It altered my body from the moſt oppreſſive *coſtiveneſs* to *a gentle laxative ſtate*, in the ſpace of two or three days. On ſeeing Dr. Leake a ſecond time, he directed me a bliſter on the back of my neck. I regularly purſued my courſe of *Diet-Drink*, which effected a viſible change in my appearance. In ten days from taking it, the *copper-coloured blotches*, with which my body and face were beſpread, began to diſappear, and the pain in my head was conſiderably abated. On ſeeing the Doctor a third time, he directed me the uſe of the warm Bath, twice a week.

From taking the Drink a fortnight, I was ſo much relieved, that on looking in the glaſs I ſcarcely knew myſelf, the *copper-coloured ſpots*, which had ſo long disfigured my face, being in a manner gone. I continued the Medicine and uſed the bath regularly for the ſpace of a month, at the end of which, the pain in my head was entirely gone; the *nocturnal pains* in my ſhins, with which I was afflicted when I firſt applied, were now quite removed; and the *copper-coloured blotches* on my body were gradually changing to a duſky brown colour, in conſequence of their dying away. I then entered upon a ſecond month's

month's courſe, as I was quite elevated with the ſucceſs and rapid effect of the firſt courſe; for, having previouſly taken *other Diet-drinks, Decoctions of the woods,* and various medicines, I never felt the like effect, or ſuch ſpeedy relief from any. I got fleſh every day, and though I uſe much exerciſe, am grown fat; and inſtead of being obliged to go to bed on the immediate cloſing of the day, as I uſed to do when I firſt began to take the *Liſbon Diet-Drink,* and even lie down in the day-time; I can now ſit up and enjoy the evening chearfully with my friends, be it ever ſo long; and it is with infinite pleaſure, and the warmeſt gratitude, I here ſubſcribe my name in teſtimony of my happy and unexpected cure.

Little Sutton,
Feb. 26th, 1791.

CHARLES RUBERRY.

THE END.